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Signatures of warm carbon monoxide in protoplanetary discs observed with *Herschel* SPIRE[★]

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ABSTRACT

Molecular gas constitutes the dominant mass component of protoplanetary discs. To date, these sources have not been studied comprehensively at the longest far-infrared and shortest submillimetre wavelengths. This paper presents *Herschel* SPIRE FTS spectroscopic observations towards 18 protoplanetary discs, covering the entire 450–1540 GHz (666–195 μm) range at $\nu/\Delta\nu \approx 400$ –1300. The spectra reveal clear detections of the dust continuum and, in six targets, a significant amount of spectral line emission primarily attributable to ^{12}CO rotational lines. Other targets exhibit little to no detectable spectral lines. Low signal-to-noise detections also include signatures from ^{13}CO , [C I] and HCN. For completeness, we present upper limits of non-detected lines in all targets, including low-energy transitions of H_2O and CH^+ molecules. The 10 ^{12}CO lines that fall within the SPIRE FTS bands trace energy levels of ~ 50 –500 K. Combined with lower and higher energy lines from the literature, we compare the CO rotational line energy distribution with detailed physical–chemical models, for sources where these are available and published. Our ^{13}CO line detections in the disc around Herbig Be star HD 100546 exceed, by factors of ~ 10 –30, the values predicted by a model that matches a wealth of other observational constraints, including the SPIRE ^{12}CO ladder. To explain the observed $^{12}\text{CO}/^{13}\text{CO}$ ratio, it may be necessary to consider the combined effects of optical depth and isotope selective (photo)chemical processes. Considering the full sample of 18 objects, we find that the strongest line emission is observed in discs around Herbig Ae/Be stars, although not all show line emission. In addition, two of the six T Tauri objects exhibit detectable ^{12}CO lines in the SPIRE range.

Key words: astrochemistry – protoplanetary discs – circumstellar matter – stars: variables: T Tauri, Herbig Ae/Be.

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1 INTRODUCTION

The formation of planets and planetary systems occurs early in the evolutionary sequence of a star when the circumstellar disc is still gas-rich at stellar age $\lesssim 1$ –10 Myr (see reviews by Hillenbrand 2008; Williams & Cieza 2011). Although the value of

the gas-to-dust mass ratio in protoplanetary discs is uncertain (e.g. Meeus et al. 2010; Thi et al. 2010; Bergin et al. 2013) and may vary over time and with location in the disc, gas does represent the dominant mass component and is mainly in molecular form (Henning & Semenov 2013). Due to the wide range of physical conditions prevailing in protoplanetary discs (e.g. total hydrogen densities $\sim 10^4$ – 10^{14} cm $^{-3}$, temperatures ~ 20 K to several thousand K), observations at many different wavelengths are required to characterize fully their dust and gas content.

The observational proof of circumstellar discs was provided by detections of infrared excess over stellar photospheres (Strom et al. 1989) and by resolving kinematic signatures in CO spectral lines (e.g. Sargent & Beckwith 1987). While circumstellar discs have only been discovered around a few young high-mass stars ($\gtrsim 8 M_{\odot}$) (e.g. Kraus et al. 2010; Sandell & Wright 2010; Wang, Van der Tak & Hogerheijde 2012; Sánchez-Monge et al. 2013), they are found to be ubiquitous around low- to intermediate-mass young stellar objects, i.e. T Tauri stars and Herbig Ae/Be stars (e.g. Dent, Greaves & Coulson 2005; Silverstone et al. 2006; Luhman et al. 2010), in accordance with the well-known evolutionary sequence of low-mass star formation (e.g. Shu, Adams & Lizano 1987; Larson 2003). Due to lower luminosity and temperature of the central star, discs around T Tauri stars experience lower temperatures in irradiated upper disc layers and also reach lower temperatures in their outer mid-planes (T_{gas} down to 14 K; Akimkin et al. 2013) than those around Herbig Ae/Be stars ($T_{\text{gas}} > 20$ –25 K, Nomura & Millar 2005). In addition, polycyclic aromatic hydrocarbon (PAH) molecules are often found in discs around Herbig objects (e.g. Acke et al. 2010). PAHs contribute to raising gas temperatures in irradiated gas layers through photoelectric heating. Consequent changes in chemistry in the gas phase and on grain surfaces may be the cause for the observed lack of diverse molecular signal in both outer and inner regions of Herbig Ae/Be discs, as compared with T Tauri discs (e.g. Öberg et al. 2010, 2011; Dutrey et al. 2014; Pontoppidan et al. 2014). Emission lines due to rotational transitions of CO, however, are routinely detected in Herbig Ae/Be objects, both from the ground in low-energy transitions (e.g. Dent et al. 2005; Öberg et al. 2010; Guilloteau et al. 2013) and from space in high-energy transitions (e.g. Meeus et al. 2001, 2012, 2013).

Low-energy CO rotational line flux ($J_{\text{up}} \leq 3$), observable at wavelengths of ~ 0.8 –3 mm from the ground, originates primarily in the outer parts of a circumstellar gas disc. Smaller radii are probed by $J_{\text{up}} \sim 15$ –30 rotational lines at wavelengths below 200 μm (ISO LWS, Meeus et al. 2001; *Herschel* PACS, Meeus et al. 2012, 2013) and mid-infrared ro-vibrational transitions (e.g. Blake & Boogert 2004; Hein Bertelsen et al. 2014). The intermediate range ($3 < J_{\text{up}} \lesssim 15$), however, has been challenging to study comprehensively, as observations are limited by narrow atmospheric transmission windows in the submillimetre or the relatively narrow instantaneous bandwidths of the space-based high spectral resolution THz spectrometer HIFI on board *Herschel*.

In this paper, we present submillimetre/far-infrared measurements of 18 protoplanetary discs, 12 around Herbig Ae/Be stars and 6 around T Tauri stars, obtained with the *Herschel* Spectral and Photometric Imaging Receiver (SPIRE) spectrometer (~ 200 –700 μm). Key parameters of the 18 sources are listed in Table 1. The spectral lines from the CO rotational ladder presented here bridge the gap between those observable from the ground, with energy levels up to ~ 50 K, and those above 500 K in the range of ISO (Kessler et al. 1996) and more recently the *Herschel* PACS instrument (Poglitsch et al. 2010). Probing the full range of molecular energy levels has the advantage that radially separated origins of

lines in discs allow for a physical decomposition of disc structure, even from spatially unresolved observations with single dish observatories, e.g. see Bruderer et al. (2012), Fedele et al. (2013b) and Podio et al. (2013). The broad instantaneous bandwidth of the *Herschel* SPIRE spectrometer, covering 10 consecutive CO lines of $J_{\text{up}} = 4$ –13, allows the first comprehensive study of the mid- J CO rotational ladder, providing important information about the gas excitation conditions between radii of typically several tens au and several hundreds au.

This paper is organized as follows. Section 2 describes the SPIRE FTS observations and the data processing. Section 3 presents all spectral line detections and upper limits. The detected CO rotational ladders are analysed and compared with existing, detailed physical–chemical protoplanetary disc models in Section 4. Section 5 describes tentative trends in the data set and discusses detections and upper limits of species other than CO. Finally, the most important conclusions are summarized in Section 6.

2 HERSCHEL SPIRE SPECTROSCOPIC OBSERVATIONS AND DATA PROCESSING

A sample of 18 protoplanetary discs was observed with the SPIRE spectrometer (Griffin et al. 2010) on board the *Herschel* Space Observatory (Pilbratt et al. 2010) in the context of two Guaranteed Time (GT) projects and one Open Time project. Table 2 outlines the observational details: 12 targets under GT1_golofs01_4, two in GT2_jbouwman_3 and four in OT1_kponto01_1. The execution time (and on-source integration time) for the targets studied in this paper from each of the three respective programmes was 12.9 (12.0) h, 1.6 (1.5) h and 9.9 (9.5) h.

The observations span the spectral range between 450 GHz and 1540 GHz (666–195 μm), simultaneously observed in the two bands of the SPIRE Fourier Transform Spectrometer (FTS). The spectrometer long wavelength (SLW) and spectrometer short wavelength (SSW) bands span 450–985 GHz and 960–1540 GHz, respectively. The observed discs, with angular sizes of at most a few arcseconds, are point-like relative to the angular resolution of the *Herschel* SPIRE FTS (beam FWHM of 43–17 arcsec). The objects were therefore observed in sparse spatial sampling mode (see SPIRE Observers’ Manual 2011), with the central detectors of the two arrays, pointed at the source and the off-centre detectors providing a measurement of diffuse, extended background emission. The absolute calibration uncertainty of SPIRE FTS for point-like sources observed in sparse spatial sampling mode is 6 per cent (Swinyard et al. 2014). To identify any line emission present in the observed frequency range, the high spectral resolution mode was chosen (see SPIRE Observers’ Manual 2011). Lines originating from cold gas in individual circumstellar discs will be spectrally unresolved, given the instrumental resolution of 1.2 GHz ($\nu/\Delta\nu \approx 400$ –1300).

The processed spectra of the two GT projects have been made available in electronic form through the ‘user provided data products’ section of the *Herschel* Science Archive.¹ The steps taken in the data processing are described in the remainder of this section.

The raw data were processed with the SPIRE FTS ‘point source’ pipeline (Fulton et al. 2010) in version 11 of HIPE, the *Herschel* Interactive Processing Environment (Ott 2010). A non-standard version of the pipeline was used for five specific observations

¹ The user provided data products at the *Herschel* Science Archive are available at <http://www.cosmos.esa.int/web/herschel/user-provided-data-products>.

Table 1. Key parameters of the sources. The Herbig Ae/Be discs with and without flaring, respectively, are listed first, followed by the T Tauri discs. Within each group, the ordering is by spectral type from early to late.

Object name (alternative)	Spectral type	[ref.]	Cat. ^(a)	Distance (pc)	[ref.]	Disc diameter [ref.] ^(b) (au)	Flaring ^(c) (y/n)
HD 100546	B9 Ve	[1]	HAeBe	103±6	[1]	700 submm [2]	y
HD 179218	B9e	[3]	HAeBe	240 ⁺⁷⁰ ₋₄₀	[1]	240±40 model [4]	y
HD 97048 (CU Cha)	B9/A0e	[1]	HAeBe	180 ⁺³⁰ ₋₂₀	[1]	~750 mid-IR [5]	y
AB Aur (HD 31293)	A0 Ve	[1]	HAeBe	139±19	[6]	900 submm [7]	y
HD 36112 (MWC 758)	A5 IVe	[3]	HAeBe	205	[6]	~330 submm [8]	y
HD 169142 (MWC 925)	A5 Ve	[3]	HAeBe	~145	[3]	470±10 mm [9]	y
HD 100453	A9 Ve	[3]	HAeBe	122±10	[6]	~100 optical [10]	y
HD 142527	F6 IIIe	[11]	HAeBe	145±15	[12]	~600 submm [13]	y
HD 50138 (MWC 158)	B6-7 III-Ve	[14]	HAeBe ^(d)	500±150	[6]	>30 mid-IR [15]	n
HD 163296 (MWC 275)	A1-3 Ve	[16]	HAeBe	119 ⁺¹³ ₋₁₀	[6]	~1000 submm [17]	n
HD 104237 (DX Cha)	A4 IVe	[3]	HAeBe	115±5	[6]	-	n
HD 144432	A9/F0 Ve	[18]	HAeBe	160 ⁺³⁶ ₋₂₅	[6]	120±40 model [4]	n
RNO 90	G5	[19]	T Tauri	125	[20]	-	-
RY Tau	K1	[19]	T Tauri	140	[21]	~140 mm [22]	-
DR Tau	K5	[23]	T Tauri	140	[21]	180–380 (sub)mm [24]	-
TW Hya	K7	[25]	T Tauri	51±4	[26]	400 (sub)mm [27]	-
FZ Tau	M0	[28]	T Tauri	140	[21]	200–600 mm [24]	-
VW Cha	M0.5	[29]	T Tauri	180	[30]	~30 near-IR [31]	-

Notes: ^aCategory based on spectral type of central star. ^bDisc diameter is taken from resolved imaging at millimetre or submillimetre wavelengths, if available; otherwise from other wavelengths or inferred from model fits. A ‘-’ symbol indicates an unknown disc diameter. ^cThe division of Herbig Ae/Be objects into ‘flaring’ and ‘non-flaring’ (flat) disc geometries is the same as in Meeus et al. (2013, table 1), based on the mid-infrared dust SED shape (Meeus et al. 2001). A similar classification has not yet emerged for T Tauri objects, because their dust SEDs have a less pronounced dichotomy and they are typically more embedded in surrounding material. ^dAlthough usually classified as a pre-main-sequence Herbig star, HD 50138 could also be an evolved B[e] star (e.g. Borges Fernandes et al. 2012). References — [1] Van den Ancker, De Winter & Tjin A Djie (1998); [2] Pineda et al. (2014); [3] Van Boekel et al. (2005); [4] Dent et al. (2005, disc diameter from model fit to unresolved data); [5] Lagage et al. (2006); [6] revised *Hipparcos* parallaxes (Van Leeuwen 2007); [7] Lin et al. (2006); [8] Isella et al. (2010b); [9] Raman et al. (2006); [10] Collins et al. (2009, who infer the disc size of HD 100453 from various observations, including scattered light images from Hubble); [11] Verhoeff et al. (2011); [12] Acke & Van den Ancker (2004); [13] Fukagawa et al. (2013); [14] Borges Fernandes et al. (2009); [15] Borges Fernandes et al. (2011); [16] Tilling et al. (2012); [17] Isella et al. (2007); [18] Dunkin, Barlow & Ryan (1997); [19] Chen et al. (1995); [20] Pontoppidan, Blake & Smette (2011); [21] Associated with the Taurus star-forming region, typically assumed to be at a distance of 140 pc (Torres et al. 2009); [22] Isella, Carpenter & Sargent (2010a); [23] Mora et al. (2001); [24] Ricci et al. (2010); [25] Webb et al. (1999); [26] Mamajek (2005); [27] Qi et al. (2004); [28] Rebull et al. (2010); [29] Guenther et al. (2007); [30] Pontoppidan et al. (2010); [31] Brandeker et al. (2001, who infer a limit to VW Cha’s disc size from near-infrared subarcsecond imaging).

(see Table 2), which included an empirical correction² of the SLW continuum shape for effects of an anomalously low cryocooler evaporator temperature (Hopwood, private communication; see also Hopwood et al. 2013). The resulting data products contain the source spectra, observed with the central detectors of the two arrays, and spectra of the surrounding background emission observed with the remaining unvignetted detectors (16 for SSW and 6 for SLW).

For the majority of our source sample, a contribution from diffuse, extended background emission is evident and results in an offset in flux density between spectra from the central detectors of SLW and SSW at frequencies where the two bands overlap (960–985 GHz). If the source spectrum is contaminated by emission from spatially extended components, the considerably larger and more complex SLW beam (Makiwa et al. 2013) will pick up more power than the corresponding SSW detector in the same spectral range. To establish a representative spectrum for the background emission component, measurements from the off-centre detectors (first ring for SLW, second ring for SSW, both centred at ~50 arcsec

from the central position) are used. Data from the known outlier detectors SSWE2 and SSWF2 are always discarded, which is standard practice in the background subtraction script provided within HIPE. Additional visual inspection of data from the remaining nine SSW and six SLW detectors ensures that no additional outliers are folded into the background determination. In practice, at most one of these spectra is excluded. The ‘spectrometer background subtraction’ script in HIPE calculates an average background spectrum, which is subsequently subtracted from the central spectrum. No significant background is detected in the observations of HD 169142 and HD 100453 and background subtraction is therefore not applied (see Table 2). For these two objects, the intensity levels measured in the frequency range where the two bands overlap already match well. For all other targets, the background subtraction strategy reduces or eliminates the intensity offset between the two bands. The resulting spectra are presented in Fig. 1.

The off-centre subtraction method applied here subtracts not only continuum emission originating in the diffuse background, but also spectral line signal, where present. This process ensures that contributions to the line signal from diffuse interstellar gas are subtracted before the results are interpreted in the context of circumstellar disc physics. The extended nature of specific spectral lines is discussed further in Section 3.

² In future versions of HIPE, from version 13 onwards, the standard SPIRE FTS pipeline will systematically correct for low cryocooler evaporator temperature.

Table 2. SPIRE FTS observational details. The 12 targets in the first segment of the table were observed as part of *Herschel* programme GT1_golofs01_4, HD 179218 and HD 50138 were observed under programme GT2_bouwman_3, and the 4 targets in the last segment under programme OT1_kponto01_1. Observation coordinates, listed in column (2) and (3), are uncertain by typically ~ 2 arcsec (Sánchez-Portal et al. 2014). *Herschel* observation identifiers (obs. id.) and observation dates are listed in columns (4) and (5). Column (6) lists on-source exposure time: 133.25 s for each scan pair, i.e. one forward and one reverse scan. Column (7) denotes whether or not any background emission was subtracted from the spectrum. Column (8) indicates whether or not a non-standard pipeline was applied to correct effects of low cryocooler evaporator (CEV) temperature.

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Object name	Sky coordinates		<i>Herschel</i>	Observation date	t_{exp}	Background	Low CEV temper-
	Right ascension	Declination	Obs. id.	(yyyy-mm-dd)	(s)	subtracted	ature corrected
	(J2000)	(J2000)				(y/n)	(y/n)
HD 100546	11 ^h 33 ^m 25 ^s .44	−70°11′41″.2	1342202273	2010-08-08	3198	y	n
TW Hya	11 ^h 01 ^m 51 ^s .91	−34°42′17″.0	1342210862	2010-12-07	6663	y	n
HD 142527	15 ^h 56 ^m 41 ^s .89	−42°19′23″.3	1342214821	2011-02-26	3198	y	n
HD 144432	16 ^h 06 ^m 57 ^s .96	−27°43′09″.8	1342214830	2011-02-26	3198	y	n
RY Tau	4 ^h 21 ^m 57 ^s .41	+28°26′35″.6	1342214857	2011-02-28	4531	y	n
HD 104237	12 ^h 00 ^m 05 ^s .08	−78°11′34″.6	1342216876	2011-03-27	3198	y	y
HD 97048 ^a	11 ^h 08 ^m 03 ^s .32	−77°39′17″.5	1342216877	2011-03-27	3198	y	y
HD 36112	5 ^h 30 ^m 27 ^s .53	+25°19′57″.1	1342216886	2011-03-27	3198	y	n
AB Aur	4 ^h 55 ^m 45 ^s .84	+30°33′04″.3	1342216887	2011-03-27	3198	y	n
HD 169142	18 ^h 24 ^m 29 ^s .78	−29°46′49″.4	1342216904	2011-03-28	3198	n	n
HD 163296	17 ^h 56 ^m 21 ^s .29	−21°57′21″.9	1342216906	2011-03-28	3198	y	n
HD 100453	11 ^h 33 ^m 05 ^s .58	−54°19′28″.5	1342224748	2011-07-25	3198	n	y
HD 179218	19 ^h 11 ^m 11 ^s .25	+15°47′15″.6	1342243607	2012-04-01	2665	y	n
HD 50138	6 ^h 51 ^m 33 ^s .40	−6°57′59″.4	1342245118	2012-04-27	2665	y	n
VW Cha	11 ^h 08 ^m 01 ^s .81	−77°42′28″.7	1342224751	2011-07-25	9994	y	y
RNO 90	16 ^h 34 ^m 09 ^s .17	−15°48′16″.8	1342228704	2011-09-17	6663	y	y
DR Tau	4 ^h 47 ^m 06 ^s .22	+16°58′42″.9	1342228735	2011-09-17	7729	y	n
FZ Tau	4 ^h 32 ^m 31 ^s .76	+24°20′03″.0	1342249471	2012-08-13	9994	y	n

Notes: ^aThe actual pointing of the HD 97048 observation was ~ 3 arcsec away from the requested sky coordinates listed in columns (2) and (3).

In the particular case of the spectrum of HD 97048, the subtraction of background emission led to an increased jump in intensity between the two bands, with the SSW signal falling below that of SLW. A pointing offset of 3.6 arcsec (± 2 arcsec) was discovered in the observation of this target, providing a possible explanation for the jump. Therefore, after the background subtraction, the measured flux density ‘missed’ due to the pointing offset was corrected, amounting to a frequency-dependent increase of 7–12 per cent across the SSW band (Valtchanov et al. 2013). Since the SLW beam is considerably larger than the SSW beam, the flux loss due to a pointing error is < 1 per cent across the SLW band in this case.

The angular sizes of the protoplanetary disc objects studied in this paper (Table 1) are generally small compared to the beam size of SPIRE FTS (17–43 arcsec). In principle, the point source pipeline calibration is only suitable for fully point-like targets. At the upper end of the disc size estimates, the largest targets, HD 100546, HD 163296 and TW Hya, would have an angular diameter of ~ 8 –9 arcsec. While a method exists to calibrate measurements of semi-extended sources with SPIRE FTS (Wu et al. 2013), we choose not to scale our spectra to compensate for effects of a deviation from a fully point-like emission region, for the following reasons. First, for the above cases the resulting frequency-dependent flux scale factor would be typically < 2 per cent to at most 7 per cent. Corrections for all other targets would be even smaller. Secondly, caution should be exercised before applying a general ‘correction’ based on the spatial extent of a source, since the subcomponents that give rise to emission in dust continuum and in several atomic and molecular lines may have distinctly different sizes. Such is the case for example for HD 100546, AB Aur, HD

163296 and TW Hya, where interferometric images show that the CO gas disc extends to radii several times larger than the dust disc (Piétu, Guilloteau & Dutrey 2005; Isella et al. 2007; Andrews et al. 2012; De Gregorio-Monsalvo et al. 2013; Pineda et al. 2014).

3 OBSERVED SPECTRAL LINE EMISSION

3.1 Spectral line detections

Fig. 1 shows the observed dust continuum and spectral line emission for all 18 targets. A study of the multiwavelength dust spectral energy distributions of HD 100546 and HD 142527 will be presented by Bouwman et al. (in preparation) and Min et al. (in preparation). Since this study focuses on gas content of protoplanetary discs, in Fig. 2 we highlight specifically those six targets where more than three spectral lines are detected.

Spectral line parameters are determined using the IDL-based ‘FT FITTER’³ program, which has been specifically developed to fit simultaneously both continuum and line signal from generic Fourier transform spectrometers. The continuum and lines in the spectra for each source are fit independently for the SLW and SSW bands. The instrumental line shape of the ‘unapodized’ product is well represented by the canonical Sinc function. We do not apply any apodization functions, designed to mitigate the ‘ringing’ of the Sinc lines, because they come at the expense of decreased spectral resolution (Naylor & Tahic 2007).

³ FT FITTER is developed at the University of Lethbridge and is available online at www.uleth.ca/phy/naylor/.

Figure 1. Background-subtracted SPIRE spectra of all sources studied in this paper. The high-frequency end of SLW data (>960 GHz) is not shown, because they are noisier than data from the overlapping part of SSW. The line-rich sources highlighted later and in Fig. 2 are in the two top rows; the remaining sources are ordered by decreasing continuum intensity. T Tauri objects are all in the rightmost column.

The centroid line velocities (in the respective LSR frames) derived from the fitted line centroid frequencies and the spacecraft velocity at the time of observation are always within $\sim 80 \text{ km s}^{-1}$ from source velocities known from higher spectral resolution observations (Thi et al. 2001; Dent et al. 2005; Panić et al. 2008; Tang et al. 2012). In fact, in two-thirds of the cases, line velocities are consistent with known source velocities to within the associated uncertainties. Typical fitted uncertainties range from 5 to 25 km s^{-1} and vary inversely with the line signal-to-noise ratio. This result confirms that line centres can be determined from FTS spectra with an accuracy far exceeding the instrumental spectral line width, but that it becomes less reliable for lower signal-to-noise lines (Naylor et al. 2000; Davis, Abrams & Brault 2001). The internal motions (turbulence, rotation) in protoplanetary discs have a magnitude of at most a few km s^{-1} and are therefore unresolved in our data. In this paper, we focus purely on integrated line intensities.

In Table 3, we present the integrated intensities of lines detected in the spectra shown in Fig. 2, i.e. for sources with >3 lines detected at $\geq 3\sigma$. Integrated intensities of lines from sources with fewer highly significant detections are presented in Section 3.2 and Table 4, along with upper limits for non-detections. The large majority of line detections are identified as pure rotational lines of ^{12}CO and ^{13}CO . There are a handful of unidentified line detections, but all are below the 4σ level and therefore not listed in Tables 3 and 4.

All integrated intensities given in Table 3 represent line signal associated with the compact disc objects, corrected for contributions from diffuse, extended background. The information from off-centre detectors in the SPIRE FTS detector arrays allows us to separate spatial components of emission (see Section 2). For example, line emission from the fine structure transitions of the neutral carbon atom (C^0) at 492 and 809 GHz is seen towards all objects that exhibit CO emission. Due to comparable line strengths at off-centre positions around most targets, however, these C^0 signatures disappear after background subtraction has been applied. Fig. 3(a) shows zoomed spectra of DR Tau before and after background subtraction. The original CO 7–6 line signal is not affected by a contribution from diffuse background and is purely attributable to compact emission. On the other hand, only a small fraction of the original flux in the neighbouring [C I] line originates from the compact object. This situation is seen not only for DR Tau, but for all targets with significant line emission, where often both [C I] fine structure lines ($^3\text{P}_1-^3\text{P}_0$ and $^3\text{P}_2-^3\text{P}_1$) are detected, but little to nothing remains after subtracting the extended background contribution. Similarly, the strong $\text{N}^+ ^3\text{P}_1-^3\text{P}_0$ fine structure line detected at 1461 GHz towards HD 163296 (Fig. 3b) is found to originate exclusively in surrounding background medium. The two examples shown in Fig. 3 serve to illustrate the importance of background subtraction of both continuum and line signatures, to avoid misinterpretations of the data.

Figure 2. SPIRE spectra of sources with more than three spectral lines detected at $\geq 3\sigma$. Spectra are shown here after subtraction of a third order polynomial fit to the continuum baseline. The high-frequency end of SLW (>960 GHz) is not shown because it is noisier than the overlapping part of SSW. Laboratory frequencies (JPL data base; Pickett et al. 1998) for species detected in our spectra are indicated in the third panel. Dotted lines in the other panels mark those lines that are detected in each individual source. Note that each spectral line is unresolved and is dominated by the instrumental Sinc profile (discussed in Section 3.1 and see also Fig. 3), including sidelobes, mainly visible near the stronger lines, e.g. the highest frequency CO lines in the top panel. The broader spectral features visible in the HD 97048 spectrum, e.g. near 1480 GHz and near 1250 GHz, are not believed to be real astronomical signal.

Finally, the lowest J CO lines that we detect also include significant contributions from extended emission, e.g. in AB Aur, where, again, the off-centre detectors allow a subtraction of the diffuse background.

While the background subtraction method applied here accounts for truly diffuse emission with angular scales of $\gtrsim 1$ arcmin, an emission region that is less extended, but still larger than point like, i.e. ~ 10 – 30 arcsec, could remain unseen by the ring of off-centre detectors used to probe extended emission. Such angular scales cover sizes of protostellar envelopes that are known to surround some of the star–disc systems in our sample. We suspect contributions from an extended envelope in at least the following cases: the few lowest energy SPIRE CO lines in AB Aur (cf. spectrally resolved components in CO 2–1 in Tang et al. 2012), CO 4–3 in DR Tau (cf. CO 3–2 in Thi et al. 2001) and possibly HD 100546 (cf. non-detection of CO 5–4 in Table 3).

3.2 Upper limits and faint detections

Table 4 lists line detections and upper limits in the 12 sources with up to 3 $\geq 3\sigma$ line detections, beyond the 6 line-rich sources already presented in Section 3.1 (see Fig. 2 and Table 3). Upper limits are calculated from local continuum rms values (in Jy) measured in

50 GHz bins, multiplied by the instrumental line width of 1.18 GHz. Even though they are not detected in any of the spectra presented in this paper, we include limits for the CH^+ $J = 1$ – 0 transition and eight H_2O lines with $E_{\text{up}}/k < 400$ K in the bottom sections of Tables 3 and 4. These important tracers are expected to provide constraints for astrochemical models (see also Sections 5.3 and 5.4). Any spectral lines that are not listed can be assumed to have intensity limits comparable to those of nearby lines in the same spectrum. For lines at frequencies where the two bands overlap (960–985 GHz), the limit obtained from the SSW band (higher frequencies) will provide the most stringent constraint.

As expected, noise levels in line-free continuum are generally lowest for the longest observations, i.e. those of FZ Tau and VW Cha (2.8 h), followed by DR Tau (2.1 h). This increased sensitivity translates into lower 1σ upper limits on non-detected lines in these spectra (Tables 3 and 4), compared to most other targets that were observed for <2 h and typically 0.9 h each (see Table 2).

3.3 Assessment of calibration accuracy

For HD 100546, several spectral lines detected in our *Herschel* SPIRE observation (Table 3) have also been observed with other instruments, namely CO 6–5, CO 7–6 and $[\text{C I}]$ $^3\text{P}_2$ – $^3\text{P}_1$ with

Table 3. Integrated line intensities measured in the background-subtracted SPIRE spectra of sources with >3 lines detected at $\geq 3\sigma$. Uncertainties are listed in square brackets and represent a quadratic sum of the formal fitting error and the $1\text{-}\sigma$ noise measured in the continuum in a 50 GHz spectral region around the line in question. For non-detections, the intensity column is marked with a ‘-’ symbol and the uncertainty column lists the $1\text{-}\sigma$ local continuum noise. Marginal detections ($<3\sigma$) are marked by a ‘*’ symbol. Rest frequencies and energy levels are taken from the JPL data base (Pickett et al. 1998).

Spectral line	Rest freq., wavelength (GHz) (μm)	E_{up}/k (K)	Integrated line intensity, [uncertainty] ($10^{-18} \text{ W m}^{-2}$)						
			HD 100546	AB Aur	HD 97048	HD 163296	DR Tau	FZ Tau	
CO 4–3	461.04	650.25	55.3	*11.3 [5.2] ^a	*12.9 [5.0] ^a	*12.9 [5.6]	- [6.9]	16.3 [3.5] ^a	- [3.1]
CO 5–4	576.27	520.23	83.0	- [4.0]	24.7 [3.8] ^a	*11.4 [5.3]	*10.4 [4.0]	*7.4 [2.5]	- [2.3]
CO 6–5	691.47	433.56	116.2	15.7 [2.3]	33.0 [2.6] ^a	*6.3 [3.5]	*7.4 [2.9]	11.8 [1.4]	- [1.2]
CO 7–6	806.65	371.65	154.9	23.5 [2.7]	34.9 [2.8]	*8.2 [3.7]	*9.0 [3.0]	11.6 [1.5]	5.3 [1.7]
CO 8–7	921.80	325.23	199.1	33.1 [3.5]	43.0 [3.6]	*18.4 [7.5]	*12.4 [5.6]	11.6 [2.3]	- [2.4]
CO 9–8	1036.91	289.12	248.9	45.3 [4.1]	43.0 [4.3]	23.8 [5.4]	*9.1 [3.8]	12.8 [2.6]	*5.1 [2.0]
CO 10–9	1151.99	260.24	304.2	55.3 [3.7]	41.1 [4.0]	34.6 [4.7]	11.7 [3.4]	12.4 [2.2]	*3.9 [1.8]
CO 11–10	1267.01	236.61	365.0	51.3 [4.5]	48.6 [4.5]	36.4 [6.8]	11.3 [2.9]	12.3 [2.4]	9.1 [2.1]
CO 12–11	1382.00	216.93	431.3	58.3 [3.3]	38.3 [3.8]	27.9 [5.9]	11.7 [3.4]	11.6 [2.1]	8.0 [2.0]
CO 13–12	1496.92	200.27	503.1	60.7 [4.7]	43.0 [4.7]	49.2 [8.7]	15.2 [3.7]	11.6 [2.3]	7.5 [2.3]
¹³ CO 6–5	661.07	453.50	111.1	*5.9 [2.5]	- [2.3]	- [2.2]	- [1.9]	- [1.4]	- [1.3]
¹³ CO 7–6	771.18	388.74	148.1	*5.8 [2.4]	*3.8 [2.5]	- [2.7]	- [2.3]	- [1.3]	- [1.1]
¹³ CO 8–7	881.27	340.18	190.4	*6.3 [3.4]	- [3.1]	- [5.6]	- [4.0]	- [1.8]	- [2.0]
¹³ CO 9–8	991.33	302.41	237.9	*13.9 [4.8]	*7.1 [4.0]	- [4.3]	- [3.5]	- [2.7]	- [2.4]
¹³ CO 11–10	1211.33	247.49	348.9	16.8 [3.4]	- [3.0]	- [4.2]	- [3.0]	- [1.9]	- [1.7]
[C I] ³ P ₂ – ³ P ₁	809.34	370.41	62.5	*7.6 [2.7]	*5.6 [2.8]	- [2.3]	- [1.9]	*1.4 [1.5]	- [1.2]
HCN 11–10	974.49	307.64	974.5	*8.9 [5.5]	*6.4 [4.2]	- [4.9]	- [4.5]	- [2.5]	- [2.5]
[C I] ³ P ₁ – ³ P ₀	492.16	609.14	23.6	- [4.3]	- [4.2]	- [4.0]	- [3.7]	- [2.5]	- [2.4]
CH ⁺ 1–0	835.08	359.00	40.1	- [2.1]	- [2.3]	- [5.3]	- [3.2]	- [1.4]	- [1.6]
H ₂ O 1 ₁₀ –1 ₀₁	556.94	538.29	61.0	- [3.8]	- [3.8]	- [4.2]	- [3.1]	- [2.0]	- [2.4]
H ₂ O 2 ₁₁ –2 ₀₂	752.03	398.64	136.9	- [2.1]	- [2.0]	- [3.2]	- [3.0]	- [1.5]	- [1.5]
H ₂ O 2 ₀₂ –1 ₁₁	987.93	303.46	100.8	- [4.9]	- [3.7]	- [4.3]	- [3.5]	- [2.7]	- [2.3]
H ₂ O 3 ₁₂ –3 ₀₃	1097.36	273.19	249.4	- [3.2]	- [2.8]	- [2.9]	- [2.4]	- [1.5]	- [1.4]
H ₂ O 1 ₁₁ –0 ₀₀	1113.34	269.27	53.4	- [3.1]	- [2.7]	- [2.6]	- [2.9]	- [1.5]	- [1.5]
H ₂ O 3 ₁₂ –2 ₂₁	1153.13	259.98	249.4	- [2.9]	- [3.7]	- [3.2]	- [3.1]	- [1.8]	- [1.6]
H ₂ O 3 ₂₁ –3 ₁₂	1162.91	257.79	305.2	- [2.4]	- [4.0]	- [3.0]	- [3.1]	- [2.2]	- [1.7]
H ₂ O 2 ₂₀ –2 ₁₁	1228.79	243.97	195.9	- [4.1]	- [3.8]	- [6.2]	- [3.5]	- [2.1]	- [1.9]

Notes: ^aSuspected contribution from a marginally extended envelope.

CHAMP⁺ on APEX (Panić et al. 2010) and CO 10–9 with HIFI on *Herschel* (Fedele et al. 2013b).

The integrated line intensity from the APEX measurement of CO 6–5 at 691.5 GHz, $\int T_{\text{mb}} dv = 17.7 \pm 0.9 \text{ K km s}^{-1}$, corresponds to $(14.3 \pm 0.7) \times 10^{-18} \text{ W m}^{-2}$, using the conversion in Appendix A. This value is consistent with the SPIRE measurement of $(15.7 \pm 2.3) \times 10^{-18} \text{ W m}^{-2}$ to within errors, even without taking into account the absolute calibration uncertainties of both instruments.

In contrast to CO 6–5, the CO 7–6 and [C I] ³P₂–³P₁ lines at 806.7 GHz and 809.3 GHz, respectively, appear significantly brighter in the SPIRE measurement than in the APEX data. The CO 7–6 line intensity from SPIRE is $(23.5 \pm 2.7) \times 10^{-18} \text{ W m}^{-2}$, roughly two times larger than the value of $(11.0 \pm 1.6) \times 10^{-18} \text{ W m}^{-2}$ found by Panić et al. (2010) with APEX. The same authors derive an upper limit of $0.85 \times 10^{-18} \text{ W m}^{-2}$ for the [C I] ³P₂–³P₁ line, for which we find an integrated line intensity of $(7.6 \pm 2.7) \times 10^{-18} \text{ W m}^{-2}$ from SPIRE. Even when the 30 per cent absolute calibration uncertainty for CHAMP⁺ at these frequencies (Panić et al. 2010) are incorporated, their values remain inconsistent with the SPIRE measurements. The latter should be seen as more reliable, given the higher signal-to-noise and smaller calibration errors. The background subtraction for SPIRE is based on a full ring of detectors, instead of a single off-position, as used for APEX, and the result is robust against filtering certain detectors. In addition, the SPIRE CO 7–6 line flux fits in the natural trend set by the nearest

J CO rotational lines (see Table 3), which would be broken by the much lower APEX value. This internal consistency also imparts confidence in the SPIRE line detection of the nearby neutral carbon line. Possible implications of the revised neutral carbon emission line strength are discussed below in Section 5.5.

The *Herschel* HIFI line strength of CO 10–9 reported by Fedele et al. (2013b) is $3.0 \pm 0.09 \text{ K km s}^{-1}$ ($\int T_{\text{mb}} dv$), corresponding to $(45 \pm 2) \times 10^{-18} \text{ W m}^{-2}$. Compared to the $(55 \pm 4) \times 10^{-18} \text{ W m}^{-2}$ measured by SPIRE, the two independent measurements are consistent when the calibration uncertainties of SPIRE (6 per cent; Swinyard et al. 2014) and HIFI band 5a (~ 14 per cent; Roelfsema et al. 2012) are taken into account.

4 ANALYSIS

4.1 Temperature components in rotation diagrams

A commonly used technique to analyse a wide range of rotational transition lines from a single species is a rotation diagram (Goldsmith & Langer 1999). In principle, this method allows a derivation of the number of emitting molecules and of the gas temperature, but it relies on the assumptions that (i) local thermodynamic equilibrium applies, (ii) the emitting areas are equal (or much smaller than the beam) for all observed transitions, (iii) all probed gas can be characterized by a single temperature and (iv) the emission lines are optically thin. For pure rotational line transitions of

Table 4. Integrated intensities of (weak) lines in the 12 targets not listed in Table 3. Uncertainties, in square brackets, are the same type of 1σ errors as in Table 3. Most entries in this table are non-detections, marked by a “-” symbol; in these cases, the uncertainty represents the 1σ upper limit. The top section contains lines that are detected in at least one source (see Table 3); the bottom section contains limits for lines that are not detected in any sources. Rest wavelengths and upper level energies for each transition are given in Table 3.

Spectral line	Rest freq. (GHz)	Integrated line intensity, [uncertainty] (10^{-18} W m $^{-2}$)											
		HD 142527	HD 144432	HD 104237	HD 36112	HD 169142	HD 100453	TW Hya	RY Tau	HD 179218	HD 50138	VW Cha	RNO 90
CO 4–3	461.04	- [5.0]	- [5.3]	- [6.1]	- [4.5]	- [5.4]	- [6.5]	- [4.4]	- [4.7]	- [7.5]	- [6.2]	- [3.5]	- [3.0]
CO 5–4	576.27	- [4.3]	- [3.4]	*10.1 [4.4]	- [3.7]	- [3.3]	- [3.8]	- [2.5]	- [2.8]	- [3.4]	- [3.4]	- [2.4]	- [2.9]
CO 6–5	691.47	- [2.2]	- [1.6]	- [1.7]	- [1.9]	*4.1 [2.3]	- [2.1]	- [1.3]	- [1.5]	*6.8 [2.6]	- [1.8]	- [0.9]	- [1.4]
CO 7–6	806.65	*6.0 [2.8]	- [1.7]	*5.2 [2.2]	- [1.7]	*6.2 [2.4]	- [1.3]	- [1.0]	- [1.3]	- [1.7]	- [1.9]	- [1.1]	- [1.5]
CO 8–7	921.80	- [3.7]	- [3.0]	- [2.9]	- [2.1]	- [2.7]	- [1.9]	- [2.4]	- [2.6]	- [2.9]	- [2.7]	- [2.4]	- [2.3]
CO 9–8	1036.91	- [3.4]	- [2.7]	- [3.0]	- [3.2]	- [3.0]	- [3.1]	- [1.8]	- [2.4]	- [2.9]	- [2.9]	- [2.2]	- [2.2]
CO 10–9	1151.99	- [4.1]	- [2.3]	- [3.4]	- [2.5]	9.5 [2.6]	- [2.3]	- [1.9]	- [2.2]	- [2.7]	- [1.9]	- [2.0]	- [2.2]
CO 11–10	1267.01	- [4.2]	- [3.0]	*9.0 [3.4]	- [2.7]	- [3.1]	- [2.1]	- [1.9]	- [2.1]	- [2.6]	- [2.6]	- [2.0]	- [2.0]
CO 12–11	1382.00	- [3.9]	- [2.4]	*7.5 [3.2]	- [2.4]	- [2.6]	- [2.4]	- [1.6]	7.5 [2.4]	- [3.2]	- [2.8]	- [1.7]	- [1.8]
CO 13–12	1496.92	- [7.4]	10.4 [3.2]	- [3.2]	- [3.1]	*9.8 [3.6]	- [3.4]	10.7 [2.5]	- [2.8]	- [3.2]	- [3.5]	- [2.3]	- [2.8]
[C I] 3P_2 – 3P_1	809.34	*4.2 [2.8]	- [1.7]	- [1.5]	- [1.7]	- [1.7]	- [1.3]	- [1.0]	- [1.3]	- [1.7]	- [1.9]	- [1.1]	- [1.5]
C 18 O 9–8	987.56	- [3.5]	- [3.5]	- [3.9]	- [3.5]	- [3.7]	- [3.0]	- [2.3]	*9.4 [3.4] ^a	- [3.5]	- [3.7]	- [1.7]	- [2.8]
HCN 11–10	974.49	- [3.1]	- [3.6]	- [4.3]	- [3.6]	*10.3 [4.0]	- [3.6]	- [2.6]	- [3.7]	- [3.5]	- [3.8]	- [1.7]	- [2.9]
[C I] 3P_1 – 3P_0	492.16	- [4.6]	- [4.1]	- [4.2]	- [4.1]	- [4.0]	- [4.0]	- [2.7]	- [3.7]	- [5.2]	- [4.2]	- [2.4]	- [2.7]
CH $^+$ 1–0	835.08	- [3.2]	- [1.9]	- [1.6]	- [2.0]	- [1.9]	- [1.6]	- [1.6]	- [2.1]	- [2.1]	- [2.5]	- [1.2]	- [2.0]
H $_2$ O 1 $_{10}$ –1 $_{01}$	556.94	- [3.2]	- [3.1]	- [4.5]	- [3.3]	- [3.2]	- [5.0]	- [2.3]	- [3.0]	- [4.6]	- [3.0]	- [2.2]	- [2.5]
H $_2$ O 2 $_{11}$ –2 $_{02}$	752.03	- [2.4]	- [2.1]	- [1.3]	- [1.9]	- [1.6]	- [1.7]	- [1.5]	- [1.6]	- [1.9]	- [1.5]	- [1.6]	- [2.3]
H $_2$ O 2 $_{02}$ –1 $_{11}$	987.93	- [3.5]	- [3.5]	- [3.9]	- [3.5]	- [3.7]	- [3.0]	- [2.3]	- [3.2] ^a	- [3.5]	- [3.7]	- [1.7]	- [2.8]
H $_2$ O 3 $_{12}$ –3 $_{03}$	1097.36	- [2.8]	- [2.1]	- [2.9]	- [3.1]	- [2.8]	- [2.1]	- [1.7]	- [2.3]	- [3.3]	- [2.4]	- [1.5]	- [2.0]
H $_2$ O 1 $_{11}$ –0 $_{00}$	1113.34	- [3.2]	- [2.3]	- [3.3]	- [3.0]	- [2.7]	- [2.4]	- [1.7]	- [2.6]	- [3.4]	- [2.4]	- [1.8]	- [2.0]
H $_2$ O 3 $_{12}$ –2 $_{21}$	1153.13	- [4.3]	- [2.4]	- [3.2]	- [2.4]	- [2.2]	- [2.3]	- [1.9]	- [1.9]	- [2.8]	- [1.9]	- [2.1]	- [2.2]
H $_2$ O 3 $_{21}$ –3 $_{12}$	1162.91	- [4.6]	- [2.7]	- [3.6]	- [2.5]	- [2.3]	- [2.1]	- [1.7]	- [1.6]	- [2.9]	- [2.7]	- [1.8]	- [2.1]
H $_2$ O 2 $_{20}$ –2 $_{11}$	1228.79	- [4.6]	- [2.7]	- [2.9]	- [2.8]	- [2.9]	- [2.8]	- [1.9]	- [2.2]	- [2.6]	- [2.5]	- [1.8]	- [2.2]

Notes: ^aLikely a line blend. The intensity listed for C 18 O 9–8 in RY Tau is unlikely to arise purely due to that line transition, given that none of the other C 18 O lines are detected. Instead, it may be largely due to the H $_2$ O line at 987.9 GHz.

Figure 3. (a) Zoom of the 60 GHz section of the DR Tau spectrum centred around the CO 7–6 and [C I] 3P_2 – 3P_1 lines. The line of the neutral carbon atom coincides with the first sidelobe of the neighbouring CO line, but has significant flux of its own before background subtraction (grey), while its strength is reduced considerably after background subtraction is applied (black; same spectrum as in Fig. 2). (b) Zoom of the 60 GHz section of the HD 163296 spectrum centred around the [N II] line, again before and after background subtraction. This shows that the [N II] line towards HD 163296 originates from the extended background medium.

CO in protoplanetary discs, typically only the first of these conditions holds. Nevertheless, the rotation diagram provides a useful tool to gauge variations between different disc sources.

The vertical and horizontal axes y (a function of the integrated line intensity F_{ul} for each transition from upper level ‘u’ to lower level ‘l’), and x (upper level energy of that transition) can be related through

$$\underbrace{\ln\left(\frac{4\pi F_{ul}}{g_u A_{ul} h \nu_{ul}}\right)}_y = -\underbrace{\frac{1}{T_{rot}}}_{a} \underbrace{\frac{E_{up}}{k}}_x + \underbrace{\ln\left(\frac{f \mathcal{N}}{Q d^2}\right)}_c, \quad (1)$$

where h and k are the Planck and Boltzmann constants, respectively, g_u is the statistical weight of state ‘u’, A_{ul} is the Einstein coefficient for spontaneous emission, ν_{ul} is the frequency related to the energy difference between states ‘u’ and ‘l’, Q is the partition function, and d is the distance to the source. If all the above assumptions hold, a determination of a will yield the rotational temperature T_{rot} . Likewise, c would be a measure for the total number of emitting molecules $\mathcal{N}$, but only if the beam filling factor f in equation (1) is either assumed to be uniform or can be constrained using high angular resolution observations. Since this paper does neither, the analysis in this section is restricted to the slope, a , of the rotation diagrams.

Figs 4(a)–(c) show rotation diagrams of three Herbig Ae/Be sources with at least nine CO line detections in *Herschel* SPIRE (this work) and *Herschel* PACS (Meeus et al. 2013) combined, augmented by ground-based data points in the (sub)millimetre gathered from the literature (see Appendix A). Note that some of the CO rotational lines probed here may be optically thick. The high optical depth is corroborated by predictions from numerical models (e.g. Bruderer et al. 2012) as well as by the low value of the observed $^{12}\text{CO}/^{13}\text{CO}$ integrated intensity ratio (in cases where ^{13}CO is detected: ~ 3 – 10 for AB Aur and HD100546, see Table 3). Thus, the derived values for rotational temperature should not be interpreted as the kinetic temperatures of the gas: $T_{rot} \neq T_{gas}$.

To compare our results with rotational diagrams from earlier work by Meeus et al. (2013), we derive rotational temperature values from linear regression fits to two separate energy ranges, chosen such that each of the two can be represented as well as possible by a straight line. The T_{rot} values of the warm components found in Figs 4(a)–(c)

are consistent with those from fits to the PACS-only data set from Meeus et al. (2013), i.e. the warmest of the two components for HD 100546 and the single-component fits for HD 97048 and AB Aur. For HD 100546, the break between the cold and warm components is at the same energy of $E_{up}/k = 1200$ K both here and in Meeus et al. (2013). For the other two sources, the highest few lines in the SPIRE range fall on the same linear relation in the rotation diagram as that defined by the PACS measurements.

We have chosen not to include the CO 23–22 line ($E_{up} = 1524$ K) in this analysis because there are indications that this PACS detection may suffer from instrumental effects that lead to a systematic overestimate of the line flux. For example, Meeus et al. (2013) showed that CO 23–22 falls above the trend set by the other lines in all six sources of their sample of eight in which this line is detected, including AB Aur and HD 97048.

When the lines from the SPIRE FTS measurements are added to the rotation diagrams (Figs 4 a–c), it becomes apparent that additional, colder components need to be invoked for AB Aur and HD 97048, at ~ 80 and ~ 20 K, respectively. In the case of HD 100546, for which Meeus et al. (2013) already introduce a two-component fit, the colder of the two drops from ~ 280 K to 215 K by adding the SPIRE line measurements. The curvature of the trend plotted out by the observed data points suggests that even two discrete temperature components are insufficient for HD 100546.

In conclusion, the SPIRE measurements of intermediate J CO lines connect the ground-based lines ($E_{up}/k < 50$ K) with the PACS lines ($E_{up}/k > 500$ K) in the rotation diagrams. A cooler component of CO gas is revealed that was not seen in the PACS-only study. As discussed above, most of the conditions on which the rotation diagram method is based do not hold for physical conditions prevailing in protoplanetary discs. In reality, molecular line transitions of different energies arise from (radially) different locations in the disc. More sophisticated models must be applied to take into account the detailed physical and chemical structure of discs (see Section 4.2).

Fig. 4(d) shows the rotation diagram of the T Tauri object DR Tau, where two components are required to fit the SPIRE line detections. The spectrally resolved CO 3–2 measurement allowed Thi et al. (2001) to separate contributions from the disc and the extended envelope. The point shown in the rotation diagram represents purely the disc contribution. The adjacent, but spectrally unresolved, 4–3 line observed with SPIRE is also likely to suffer from contributions

Figure 4. Rotation diagrams for the targets with at least nine CO detections in the SPIRE and PACS bands combined. Note the different horizontal scale limits for HD 100546. Vertical error bars include contributions from measurement uncertainties (cf. Table 3) and absolute calibration uncertainties. Upper limits are plotted as filled triangles, i.e. 3σ limits for CO 5–4 for HD 100546 and the contaminated lines for HD 100546, AB Aur and DR Tau (see Section 3.1 and Table 3).

from the extended envelope, so we plot it as an upper limit in the rotation diagram. The derived rotational temperature of the warm component for DR Tau is lower than for the Herbig Ae/Be objects in the other three panels. Confirmation of this difference should come

from (non-)detections of higher J CO lines in PACS observations (Blevins et al., in preparation), which probe the high-energy range inaccessible to the ground-based and SPIRE observations presented here.

4.2 Comparison with protoplanetary disc models

In this paper, we do not aim to provide an exhaustive explanation of the observations using complex protoplanetary disc models. Instead, we present in this section a comparison of the new SPIRE data of three sources for which detailed chemical–physical models have been published in the literature. These models of the discs around HD 100546, HD 163296 and TW Hya are generated by the thermochemical protoplanetary disc model code *PRODIMO* (Woitke, Kamp & Thi 2009; Kamp et al. 2010) and are based on a large set of multiwavelength observational constraints. The spectral line energy distributions (SLED) for the first two of these targets are shown in Fig. 5. In any targets where the CO 23–22 is reported in PACS studies (Meeus et al. 2013), we regard this value as an upper limit (see Section 4.1).

4.2.1 HD 100546

The *PRODIMO* model for HD 100546 shown in the top panel of Fig. 5 is drawn from work by Thi et al. (2011), and fits the near-infrared to millimetre continuum spectral energy distribution and near-infrared interferometric data of this source (Benisty et al. 2010; Tatulli et al. 2011). The model reproduces the [O I] and [C II] fine structure lines, the CH^+ rotational lines (Thi et al. 2011), low- J CO emission, as well as the $v=1-0$ CO ro-vibrational lines in Hein Bertelsen et al. (2014).

Fig. 6 shows the radially separated origin of the suite of rotational lines of CO from the model by Thi et al. (2011), illustrating that the CO rotation diagrams in Section 4.1 would not be expected to yield a single value for T_{rot} . The figure also confirms that the ^{12}CO rotational lines are optically thick and originate in the upper layers of the outer disc.

Although the *PRODIMO* model for HD 100546 was not tailored to fit the intermediate- and high- J range of the CO rotational ladder, the model points are always within a factor 3 of the observed CO line fluxes (Fig. 5, top panel). However, the observed SLED appears to level off around $E_{\text{up}}/k = 200$ K, roughly mid-way through the SPIRE range, whereas the current *PRODIMO* model continues to increase up to 1000 K. This may indicate that the (radial and vertical) temperature structure of the model disc needs to be adjusted. Specifically, since the CO rotational lines detectable by SPIRE and PACS are optically thick, the shape of the rotational SLED is sensitive to adjustments of the gas temperature in the relatively tenuous, irradiated upper layer of the disc, where PAHs are the dominant heating agent.

Apart from the shape of the optically thick ^{12}CO SLED, there is a larger discrepancy with respect to ^{13}CO line strengths predicted by the *PRODIMO* model (not shown). Several ^{13}CO lines between 6–5 and 11–10 are detected in HD 100546 (Table 3) at intensities of $(6-17) \times 10^{-18} \text{ W m}^{-2}$, while the ^{13}CO lines predicted by the model are factors of $\sim 10-30$ weaker. To test the dependence of modelled ^{13}CO line intensities on total gas mass, we inspect the results from a model with a gas-to-dust ratio of 100, compared with ~ 1 in the original model. We find that line intensities for ^{13}CO increase by a factor 100, putting them well above the measured ^{13}CO rotational lines. On the other hand, the ^{12}CO rotational line intensities increase by factors $\sim 10-30$ (<100 due to higher optical depth) leading to a

Figure 5. Observed CO SLEDs of the two targets with at least three CO lines detected in the SPIRE bands, for which a PRODIMO model is also available (black crosses). In addition, for HD 100546 we also show in green plus symbols the model provided by Bruderer (private communication), calculated directly from the model as published in Fedele et al. (2013b). Observed line detections are shown as (blue) squares, and 3σ upper limits are shown as triangles for lines that are either not detected or detected at $\leq 3\sigma$. Error bars represent the combination of line intensity errors (see Table 3 for SPIRE) and the absolute calibration uncertainty, 6 per cent for SPIRE, 30 per cent for PACS (see PACS Observers’ Manual 2013, section 4.10.2). Data points with open markers are either ground-based (Appendix A), i.e. at lower energies than the SPIRE data points, or from *Herschel* PACS measurements at higher energies (Meeus et al. 2013 for HD 100546; Meeus et al. 2012 for HD 163296).

significant overestimate of the observations. An intermediate value for gas-to-dust ratio could bring the ^{13}CO line intensities closer to the observed values, but would still grossly overestimate ^{12}CO .

The inability of current models of HD 100546 to fit the ^{12}CO and ^{13}CO ladders simultaneously could be due to a combination of reasons. Besides the radial and vertical structure of T_{gas} mentioned above, isotope selective photodissociation, which would suppress the ^{13}CO abundance in low-extinction regions (Visser, Van Dishoeck & Black 2009), and chemical fractionation, which would affect the $^{12}\text{CO}/^{13}\text{CO}$ ratio in colder layers deeper in the disc (Duley & Williams 1984), could play a role. Neither of these isotope selective processes are implemented in the PRODIMO code. Future investigation is needed to determine which of the above processes is dominant in the ^{13}CO line emitting regions, in order to explain

Figure 6. Illustration of the origin of several CO rotational lines in a model of the HD 100546 disc. Solid outlines represent areas delimited by the cumulative 15 and 85 per cent line flux contribution of each transition, both vertically and radially. The grey-scale indicates number density of CO molecules. Dashed contours mark gas temperature. The inner disc, at < 10 au, is not shown, since it does not contribute significantly to the total amount of line flux from pure rotational transitions of CO.

the measured ^{13}CO line strengths, expected to better trace total disc mass, while still retaining the good match of the more optically thick ^{12}CO ladder in the current model.

For comparison, the top panel of Fig. 5 also shows the CO SLED from a different model for the same source developed independently by Bruderer et al. (2012) and most recently updated in Fedele et al. (2013b). Since these authors have focused attention on the CO ladder as observable with *Herschel* PACS and HIFI, their results (from the model as presented in Fedele et al. 2013b) follow the shape of the observed SLED even closer than the PRODIMO description does, while also reproducing the broad-band continuum spectral energy distribution (Mulders et al. 2011). The approaches taken in each of the two codes are distinctly different in some aspects, for example with regard to unknown heating efficiency of small dust particles and PAHs, and adopted formation rates of H_2 . In general, calculations by different PDR codes are prone to large differences in resultant gas temperature (see the comparison study by Röllig et al. 2007). Small deviations in physical structure, radiative transfer or chemistry are expected to translate non-linearly into changes in the gas temperature in the upper layers of the outer disc, and thus the resulting CO rotational line intensities. The gas-to-dust ratio adopted in the Bruderer et al. model is 20 times higher than in the published PRODIMO model.

Given our ^{13}CO detections, detailed predictions for ^{13}CO line intensities using a time-dependent, isotopologue selective chemistry could reveal the true total gas mass in the disc of HD 100546. Such processes are currently being implemented within the framework of the model by Bruderer et al., who have yet to publish predictions for ^{13}CO line intensities. Further comparison of the different methods and assumptions used in the two independent codes may guide

refinement of models, leading to predictions that better match all observational constraints.

4.2.2 HD 163296

The *PRODIMO* model points for HD 163296 shown in the bottom panel of Fig. 5 are derived from the model defined by Tilling et al. (2012), which fits the optical to millimetre continuum spectral energy distribution, low- J CO line intensities and spectral profiles from ground-based interferometric observations (Isella et al. 2007). The CO SLED predicted by this model, however, falls a factor 2–4 short of the observed mid- to high- J CO lines, including those presented in this work. The H_2O lines detected in the mid- and far-infrared with *Spitzer* IRS and *Herschel* PACS (Pontoppidan et al. 2010; Fedele et al. 2012; Meeus et al. 2012) are also underproduced by the *PRODIMO* model. This shortfall of specific molecular line intensities indicates that the gas at radii $\lesssim 100$ au is likely warmer than what is predicted in the Tilling et al. (2012) *PRODIMO* model, as was also suggested by De Gregorio-Monsalvo et al. (2013).

4.2.3 TW Hya

Kamp et al. (2013) present a *PRODIMO* model for the disc surrounding the T Tauri star TW Hya. It reproduces the observed line strength of CO 18–17 presented in the same paper. In contrast, the 4σ detection of CO 13–12 for TW Hya reported here (Table 4) is almost 10 times higher than the intensity resulting from the Kamp et al. *PRODIMO* model. This model’s underestimation of the CO 13–12 line intensity for TW Hya, however, should be interpreted with caution. The 13–12 line in the TW Hya SPIRE SSW spectrum has a spectral signature consistent with the instrumental line shape, but the adjacent 12–11 and 11–10 lines are not detected and imply 3σ upper limits of roughly half the detected line intensity of $J=13-12$. These and other upper limits to CO line intensities from TW Hya are not inconsistent with the *PRODIMO* model.

5 DISCUSSION

5.1 Mid- J CO lines as a disc temperature probe

In protoplanetary discs, the mid- J CO lines observable by SPIRE (Tables 3 and 4) are optically thick and originate from the disc’s upper layers. Their intensities are therefore sensitive to the gas temperature in those regions (see Section 4.2.1). We have divided our sample into T Tauri objects and Herbig Ae/Be objects (see Table 1), the latter with stronger stellar UV flux than the former. In addition, discs around Herbig Ae/Be stars are categorized depending on their flaring geometry (e.g. Meeus et al. 2001). Compared to a flat structure, such a flaring geometry would lead the disc surface to intercept considerably more UV flux and thereby heat up more the disc’s upper layers. In contrast, X-rays irradiation, which is typically stronger for T Tauri discs than for Herbig Ae/Be discs, seems to have little effect on modelled CO chemistry and thermal balance (Aresu et al. 2012; Aresu, private communication). Therefore, assuming a UV-driven thermal balance, flaring Herbig discs are expected to show the strongest mid- J CO emission. In this subsection, the CO $J=10-9$ line is taken as representative for the mid- J CO ladder and is compared with other observational metrics to derive qualitative conclusions.

First, it appears that in our sample the flaring Herbig discs are generally brightest in both mid- J CO and the local continuum (near

250 μm), whereas most T Tauri discs and flat (non-flaring) Herbig discs are less bright. This conclusion is tentative, however, given that our sample consists of only four to eight objects in each of the three categories. Secondly, CO 10–9 may be correlated with both CO 18–17 and $[\text{O I}] \ ^3\text{P}_1-^3\text{P}_2$ line emission (at 63 μm , observed with PACS; Thi et al. 2010; Meeus et al. 2012, 2013; Fedele et al. 2013a; Howard et al. 2013; Kamp et al. 2013). With only four or five targets in our sample detected in these lines, however, there are too few data points to be conclusive. A statistical correlation between CO 10–9 and $[\text{O I}]$ 63 μm would be interesting, given that these two lines are seen to originate from roughly the same spatial region in *PRODIMO* models.

5.2 HCN $J=11-10$ detections

Compared to ^{12}CO , the hydrogen cyanide molecule (HCN) emitting area lies deeper in a protoplanetary disc, since it only becomes abundant in regions where the gas density and UV extinction are both high (e.g. Jonkheid et al. 2007) and its rotational transitions have higher critical densities than those of CO. We report here detections of the $J=11-10$ transition of HCN at 974 GHz towards three of the flaring Herbig Ae/Be discs: HD 169142, AB Aur and HD 100546, though only at $<3\sigma$ (Tables 3 and 4). In HD 169142, the ratio between the integrated intensities of the brightest CO line and HCN 11–10 is ~ 1 , whereas the same ratio in AB Aur and HD 100546 is between 4 and ~ 20 .

To our knowledge, no ground-based (sub)millimetre HCN detections have been reported in the literature for HD 169142 and HD 100546, so the $J=11-10$ SPIRE measurements constitute the first detections of a rotational line of HCN towards these two objects. For AB Aur, Fuente et al. (2010) report a detection of HCN 3–2 with the EMIR receiver at the IRAM 30-m Telescope, with a spectral line profile suggestive of a disc origin. Their integrated line intensity converts to $4 \times 10^{-21} \text{ W m}^{-2}$, yielding an HCN 11–10/3–2 ratio of $\sim 500-2500$. Finally, the SPIRE spectrum of TW Hya yields a 3σ upper limit of $8 \times 10^{-18} \text{ W m}^{-2}$ for the integrated intensity of the HCN 11–10 line, but the HCN 4–3 line was detected towards the same target ($1.1 \times 10^{-19} \text{ W m}^{-2}$; Van Zadelhoff et al. 2001). The resulting HCN 11–10/4–3 ratio is constrained at $\lesssim 100$.

Future work employing detailed physical–chemical models is warranted to investigate what information the HCN rotational lines provide on the denser, deeper parts of protoplanetary discs. More sensitive observational constraints at various submillimetre frequencies, for example from the Atacama Large Millimetre/submillimetre Array (ALMA), could help to construct a full HCN SLED, much like the ones shown for ^{12}CO in this work that probe the tenuous upper disc layers. Contrary to CO, the HCN rotational lines are split into hyperfine components and, specifically in the lower J states of HCN, care should be taken to account for the effects of hyperfine line anomalies (Loughnane et al. 2012).

5.3 CH^+ in HD 100546 and HD 97048

The $\text{CH}^+ J=1-0$ line at 835 GHz is not detected in any of the 18 targets studied in this paper. Upper limits for its intensity are listed in Tables 3 and 4. Here, we highlight HD 100546 and HD 97048, for which the 3σ upper limits for the lowest rotational transition of CH^+ are 6×10^{-18} and $1.6 \times 10^{-17} \text{ W m}^{-2}$, respectively. Both of these values are consistent with the trends defined by the complementary higher energy CH^+ line detections and upper limits ($J_{\text{up}} = 2-6$) found by Thi et al. (2011) and Fedele et al. (2013a) using the PACS spectrometer. The new upper limit for $J=1-0$ thus cannot resolve

the question whether CH^+ emission originates from the inner rim of the outer disc of HD 100546, as suggested by the *PRODIMO* approach in Thi et al. (2011), or from further out in the disc, as indicated by the slab model by Fedele et al. (2013a).

5.4 Upper limits on low-excitation H_2O lines

The 3σ limits to the integrated intensities of low-excitation H_2O lines between 500 and 1500 GHz (Table 3), including the ground-state transitions of both ortho- and para- H_2O , are $\sim 10^{-17} \text{ W m}^{-2}$ for most targets, and $\sim 6 \times 10^{-18} \text{ W m}^{-2}$ for targets with longer exposures such as TW Hya, DR Tau, FZ Tau, VW Cha and RNO 90. For the sources with existing *PRODIMO* models [HD 100546 (Section 4.2.1), HD 163296 (Section 4.2.2) and TW Hya (Section 4.2.3)], predicted H_2O line intensities are consistent with the measured upper limits in Table 3. In addition, the *Herschel* HIFI detections of p- H_2O $1_{11}-0_{00}$ ($6 \times 10^{-19} \text{ W m}^{-2}$) and o- H_2O $1_{10}-1_{01}$ ($2 \times 10^{-19} \text{ W m}^{-2}$) in TW Hya (Hogerheijde et al. 2011) are both comfortably below the upper limits derived from our SPIRE spectrum.

5.5 Neutral carbon emission towards HD 100546

Table 3 lists a $[\text{C I}] \ ^3\text{P}_2-^3\text{P}_1$ integrated intensity at 809 GHz ($370 \mu\text{m}$) of $(7.6 \pm 3) \times 10^{-18} \text{ W m}^{-2}$ towards HD 100546. This detection is inconsistent with the upper limit of $< 0.85 \times 10^{-18} \text{ W m}^{-2}$ obtained from ground-based observations with the APEX observatory by Panić et al. (2010), but our SPIRE measurement is believed to be superior (Section 3.3). If this $[\text{C I}]$ emission originates from the disc, the comparatively low C/O ratio employed in Bruderer et al. (2012), Bruderer (2013) and Fedele et al. (2013b), inspired by the APEX upper limit, may no longer be necessary. In fact, the SPIRE $[\text{C I}]$ intensity is roughly consistent with the $4 \times 10^{-18} \text{ W m}^{-2}$ in the ‘representative model’ of Bruderer et al. (2012). On the other hand, the *PRODIMO* model for HD 100546 (Thi et al. 2011; Hein Bertelsen et al. 2014, see also Section 4.2.1) predicts a $[\text{C I}]$ 809 GHz line flux of 17×10^{-18} , considerably closer to the SPIRE line detection than to the earlier non-detection by Panić et al. (2010).

One possibility for reconciling the two apparently inconsistent observations of the $[\text{C I}] \ ^3\text{P}_2-^3\text{P}_1$ line is that the SPIRE measurement may include a contribution from a component other than the disc of HD 100546. This explanation, however, is deemed unlikely for the following two reasons. First, a fully diffuse component would likely extend over several arcminutes on the sky and would therefore have been caught by the off-centre detectors in the SPIRE array (see Section 3.1), which it was not. Secondly, a relatively compact envelope type structure (within ~ 30 arcsec) that may have escaped the SPIRE off-centre detectors is unlikely to emit significantly in $[\text{C I}]$ lines, as already argued by Bruderer et al. (2012). The best way to resolve the apparent inconsistency between the two observations is to obtain a more sensitive, spectrally resolved observation of the line that could also identify the kinematic origin of any detected line signal.

6 CONCLUSIONS

This paper presents *Herschel* SPIRE spectroscopic data in the continuous 450–1540 GHz range ($666\text{--}195 \mu\text{m}$) of a sample of 18 protoplanetary discs. Of these spectra, six targets show a significant amount of detectable spectral line signal, while most other targets only exhibit continuum emission. The spectral line detections are dominated by ten consecutive rotational lines of mid- J ^{12}CO ($J = 4\text{--}3$ up to $13\text{--}12$), and also include low signal-to-noise

signatures from ^{13}CO , $[\text{C I}]$ and HCN (Section 3). The CO transitions observed with SPIRE trace rotational energy levels between ~ 50 and 500 K . Augmented with observations of lower and higher energy transitions from the literature, the CO rotational ladder is compared with existing, published physical–chemical models of discs, where available (Section 4).

From the collected data and models, we find the following.

- (i) The ^{12}CO SLED of the disc around Herbig Ae/Be star HD 100546 is optically thick across the SPIRE frequency range and is well matched, within a factor 3, by two completely independent model codes.
- (ii) The ^{13}CO line detections in our SPIRE spectrum of HD 100546 exceed the values predicted by the *PRODIMO* model by factors > 10 . It is not straightforward to adjust the model to scale to the ^{13}CO observations without compromising the match to the ^{12}CO counterpart. Isotope selective (photo)chemical processes may play a role, and should be investigated in more detail in numerical models.
- (iii) In the sample, composed of 12 Herbig Ae/Be objects and 6 T Tauri objects, the brightest mid- J CO emission is typically observed in discs around Herbig objects, specifically those with flaring disc geometries. In contrast, there are also Herbig objects with little to no detectable line signal in our SPIRE observations. In addition, two of the six T Tauri discs do show significant CO line emission, although these detections are aided by the deeper integrations towards these targets.
- (iv) There may be a correlation between the cooling power through the $[\text{O I}]$ $63 \mu\text{m}$ line and that of the CO rotational lines, but our collection of overlapping data points is too sparse to be definitive.
- (v) Besides the ^{12}CO and ^{13}CO lines, we tabulate for all 18 targets upper limits at the frequencies of CH^+ ($J = 1\text{--}0$) and of eight low-energy H_2O transitions, to be used as constraints for future physical–chemical modelling.
- (vi) The SPIRE observation of HD 100546 reveals a detection of $[\text{C I}] \ ^3\text{P}_2-^3\text{P}_1$ at 809 GHz ($370 \mu\text{m}$) that is inconsistent with a previous ground-based measurement with the APEX observatory (Panić et al. 2010). The *Herschel* observation presented in this work (see Table 3 and Sections 3.3 and 5.5) does not suffer from atmospheric attenuation and has better accuracy than the earlier ground-based one.

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APPENDIX A: AUXILIARY DATA FROM THE LITERATURE

This paper makes use of auxiliary spectral line data of the targets in our sample observed with ground-based facilities. Table A1 lists CO line intensities of these (sub)millimetre transitions gathered from the literature. Since ‘radio’ intensities observed with heterodyne instruments are commonly expressed in brightness temperature units, K for intensity or K km s^{-1} for integrated intensity, we convert the

Table A1. Ground-based (sub)millimetre measurements of CO lines from the literature (see notes below the table). Where the literature values are listed in K km s^{-1} or Jy km s^{-1} units, the values are converted as described in the text of Appendix A. In addition to the uncertainties listed in square brackets in this Table, absolute calibration uncertainties are added for the various observatories: 10 per cent for IRAM 30-m, 30 per cent for JCMT RxB3 and 20 per cent for APEX-2a. The exception is the CO 3–2 line intensity of DR Tau, for which Thi et al. (2001) already included calibration uncertainties in their tabulated uncertainty values.

Object	Transition	$\int I_\nu d\nu$ ($10^{-18} \text{ W m}^{-2}$)	Reference
AB Aur	CO 2–1	0.9 [0.4]	(a)
	CO 3–2	1.56 [0.04]	(b)
HD 100546	CO 3–2	1.4 [0.2]	(c)
HD 163296	CO 3–2	0.91 [0.02]	(b)
DR Tau	CO 3–2	1.1 [0.3]	(d)

References – (a) Tang et al. (2012), IRAM 30-m Telescope. Source value already in Jy. Adopting conservative error of ~ 50 per cent, since value was gauged from a printed figure. (b) Dent et al. (2005), JCMT RxB3: $D = 15.0$ m; $\eta_{\text{mb}}=0.62$; $\eta_a=0.53$. (c) Panić et al. (2010), APEX-2a: $D = 12.0$ m; $\eta_{\text{mb}}=0.73$; $\eta_a=0.60$. (d) Thi et al. (2001), JCMT RxB3: $D = 15.0$ m; $\eta_{\text{mb}}=0.62$; $\eta_a=0.53$. Only the two spectral components that are ascribed to the DR Tau disc by Thi et al. (2001).

values listed in the source papers to W m^{-2} . The conversion, suitable for point-like sources, uses the Rayleigh–Jeans law to convert K to $\text{W m}^{-2} \text{ Hz}^{-1}$ (Baars 1973) and $d\nu/\nu = dv/c$ to convert km s^{-1} to Hz:

$$\int I_\nu d\nu [\text{W m}^{-2}] = \frac{2k}{A_{\text{geom}} \eta_a} \frac{\nu}{c} \int T_A^* d\nu, \quad (\text{A1})$$

where k is the Boltzmann constant in J K^{-1} , A_{geom} is the geometric collecting area of the telescope in m^2 ($\pi(D/2)^2$), η_a is the telescope’s aperture efficiency (and $A_{\text{eff}} = \eta_a A_{\text{geom}}$ the effective telescope aperture; see Wilson, Rohlfs & Hüttemeister 2009), ν is the frequency of the observed spectral line in Hz, and c is the speed of light in km s^{-1} . The integrated line intensity, $\int T_A^* d\nu$ (in K km s^{-1}), is deliberately defined in the T_A^* scale, which for a point source is the quantity that couples to the source intensity (e.g. Baars 1973). In many cases, the literature reports intensities in T_{mb} (‘main beam’ brightness temperature scale), which is converted to $T_A^* = (\eta_{\text{mb}}/\eta_l) T_{\text{mb}}$ before substituting into equation (A1). For JCMT, we take $\eta_l = 1$, and for APEX $\eta_l = 0.97$ (Güsten et al. 2006). Values for η_a and η_{mb} are given in the notes to Table A1.

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