

# Towards Personalized Modeling of Cerebral Aneurysms and Disease Evolution

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# Towards Personalized Modeling of Cerebral Aneurysms and Disease Evolution

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ETH Zurich & IT'IS Foundation



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# Acknowledgments

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**Prof. Dr. Paul Watton (University of Sheffield, UK)**

- disease evolution models

**Prof. Dr. Namrata Gundiah (Indian Institute of Science, India)**

- CFD validation and WSSAR metric

**Dr. Alessandro Alaia**

- FSI

**Sim4Life Developers**

# The AneuX Project

# The AneuX Project

## improve the assessment of aneurysm rupture risk through

- imaging
  - segmentation
  - vessel geometry
- statistics & learning
  - rupture risk probability through shape description
- disease evolution modeling
  - fluid & structure dynamics
  - wall constituent evolution
- **aim: to improve the support for treatment decisions**

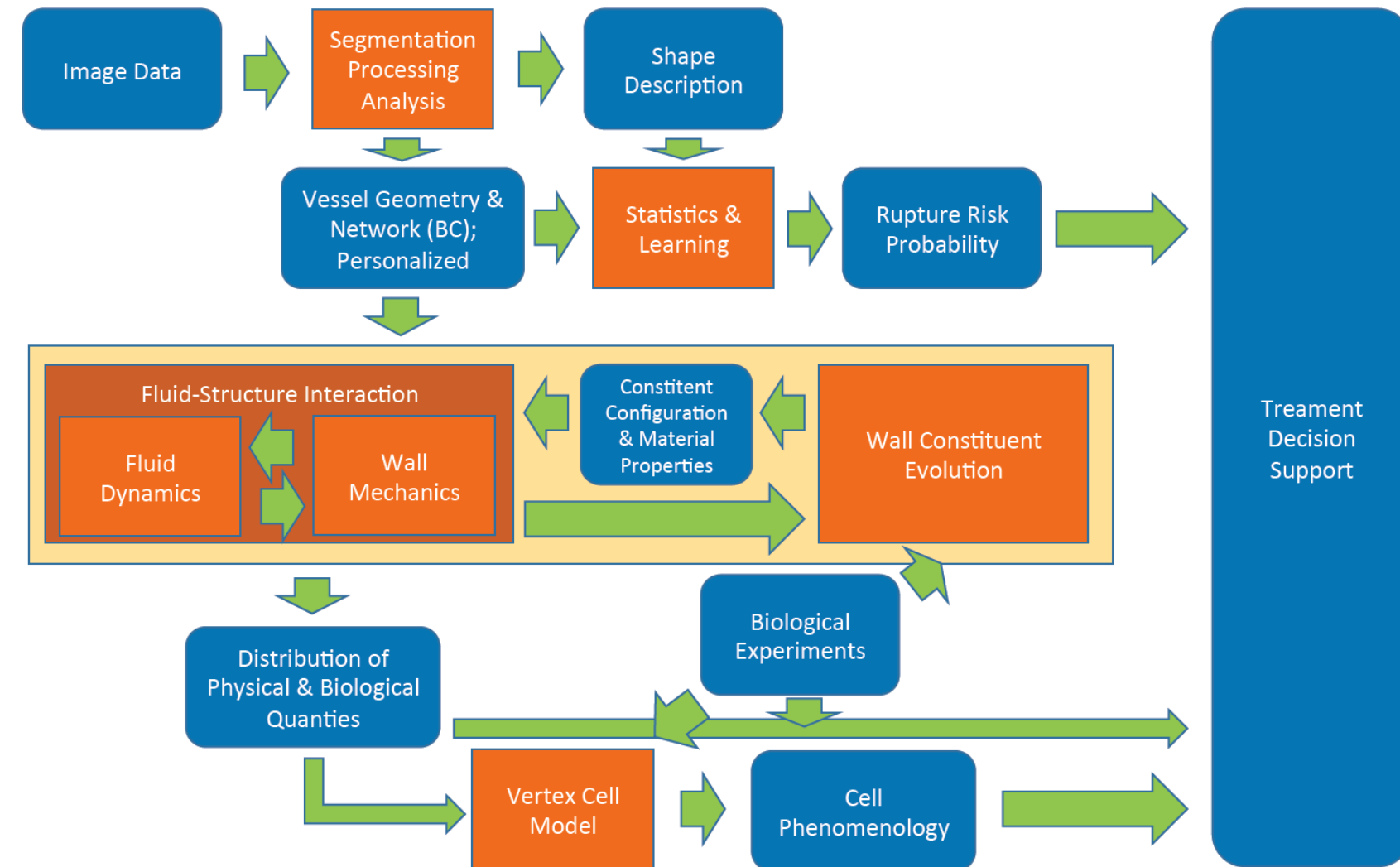
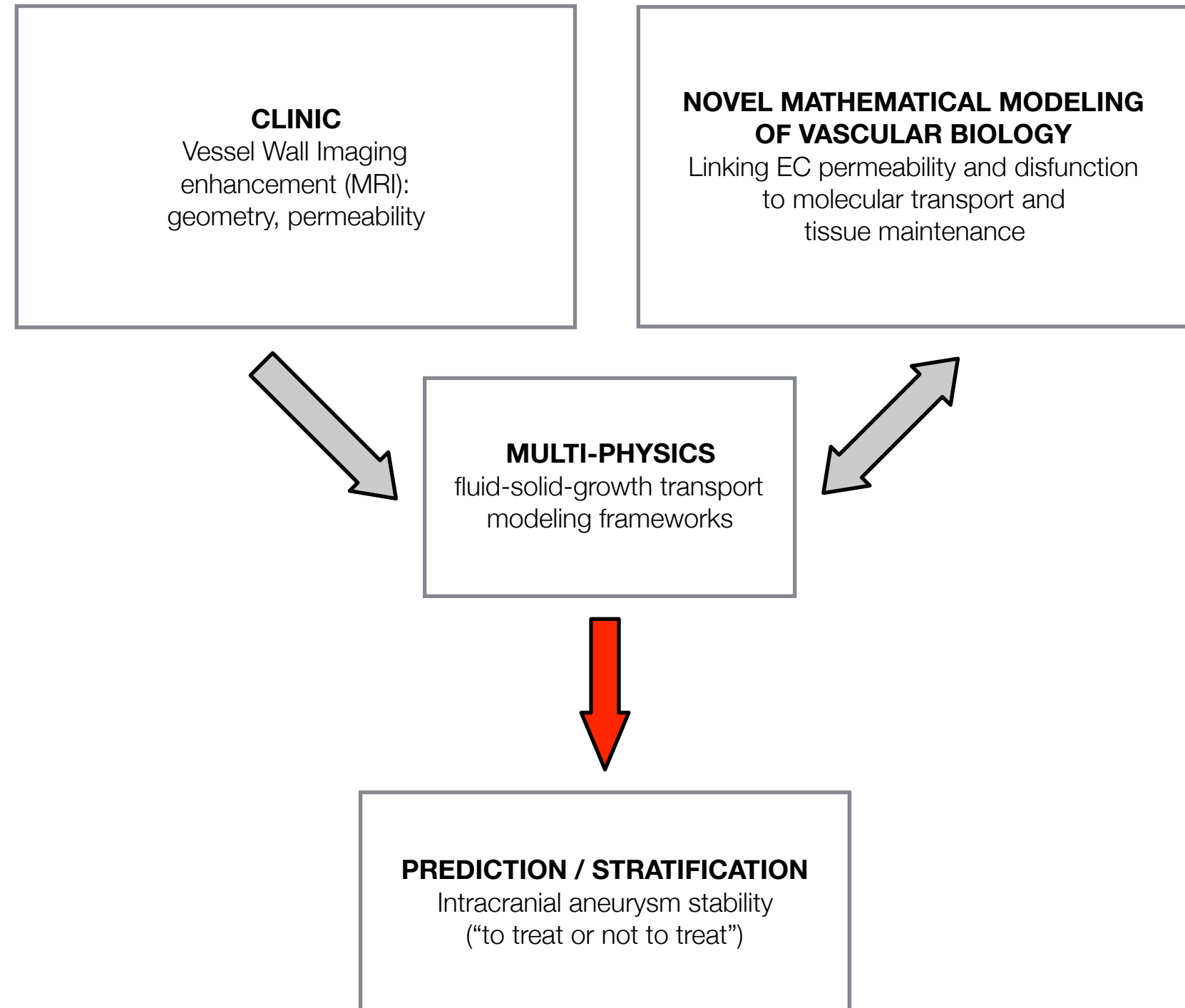


Figure: Data (blue) and processes (orange): image data is transformed into patient-specific input for shape-based and simulation-based assessment of rupture risk; biological experiments provide input for models of wall evolution and cell phenomenology, as well as the interpretation of the simulation results in terms of treatment decision support.

# The Need for Computational Tools ...

## to treat or not to treat?

- more aneurysms are being detected because of developments in imaging technology
- high interventional costs
- value of the proposed framework: integrated tool, from imaging segmentation to disease evolution models



# Personalized Model Generation

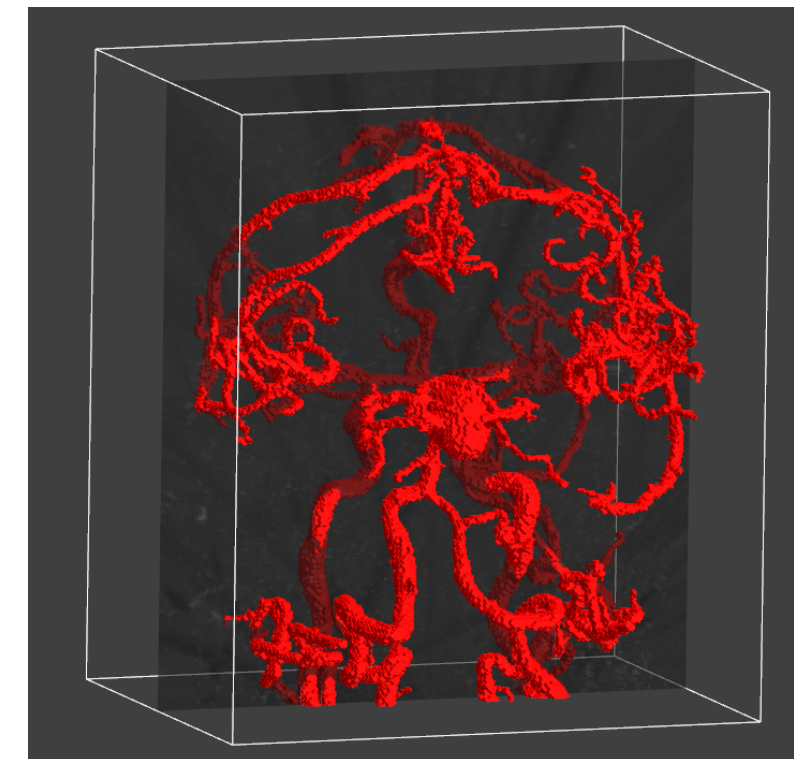
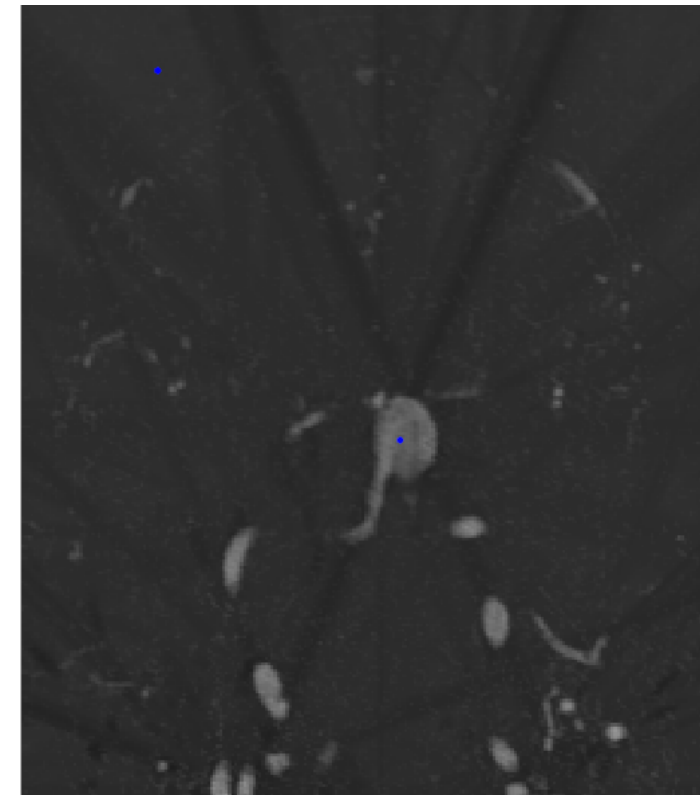
## vessel segmentation



# Personalized Model Generation

## vessel segmentation

- line-shape profiles
  - preprocessing, automatic
  - looking at neighborhood of each pixel —> likelihood
- differential image foresting transform
  - set source points for regions
  - splits images into regions based on strength of connectedness
  - adds possibility for corrections
  - extend segmentation to previously not detected vessels



# **Disease Evolution Modeling I: Fluid-Structure Interaction (FSI)**

**definition**

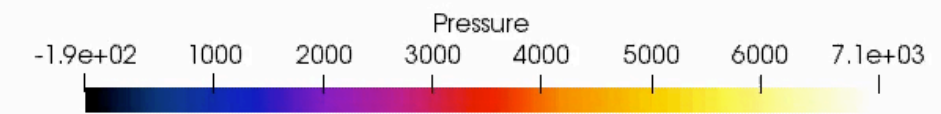
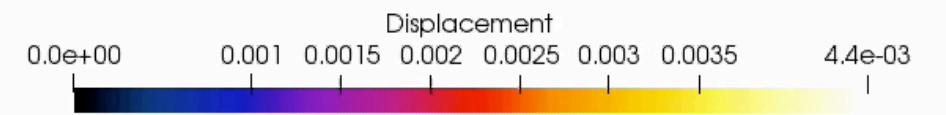
**solver features**

**3D/1D coupling**

# What Is Fluid-Structure Interaction (FSI)?

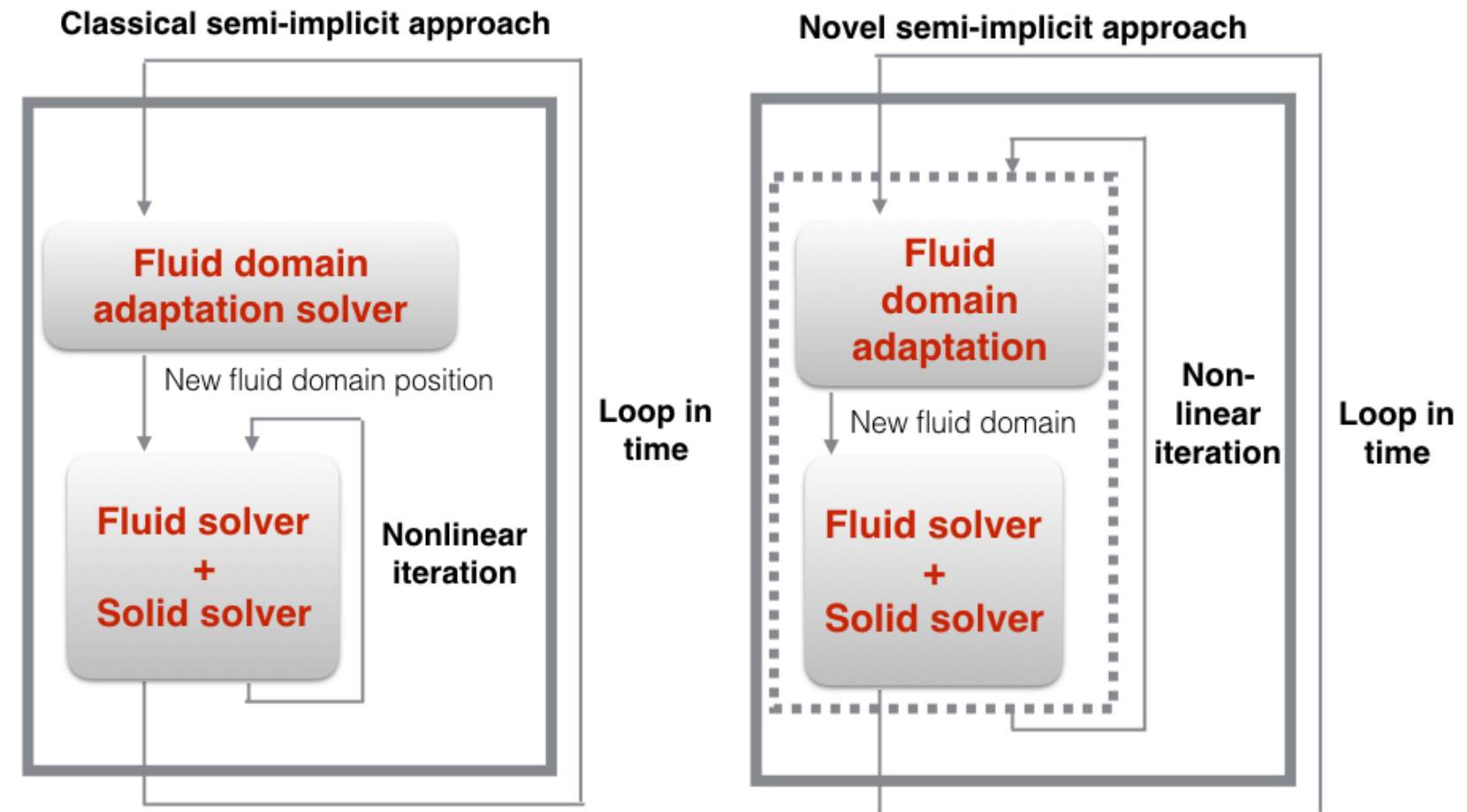
## interaction of some deformable structure with the neighboring fluid

- computational fluid dynamics (CFD)
  - flow characterization assuming rigid walls.
- finite element analysis (FEA)
  - computational structural dynamics (CSD)
- inherits the CFD and FEA challenges, along with
  - “extra” convective effect in the fluid because of the moving domain
  - the “added-mass effect”: ratio between fluid and solid densities
  - the need for specialized solvers
  - more complex issues with mesh generation



# Our FSI Solver features

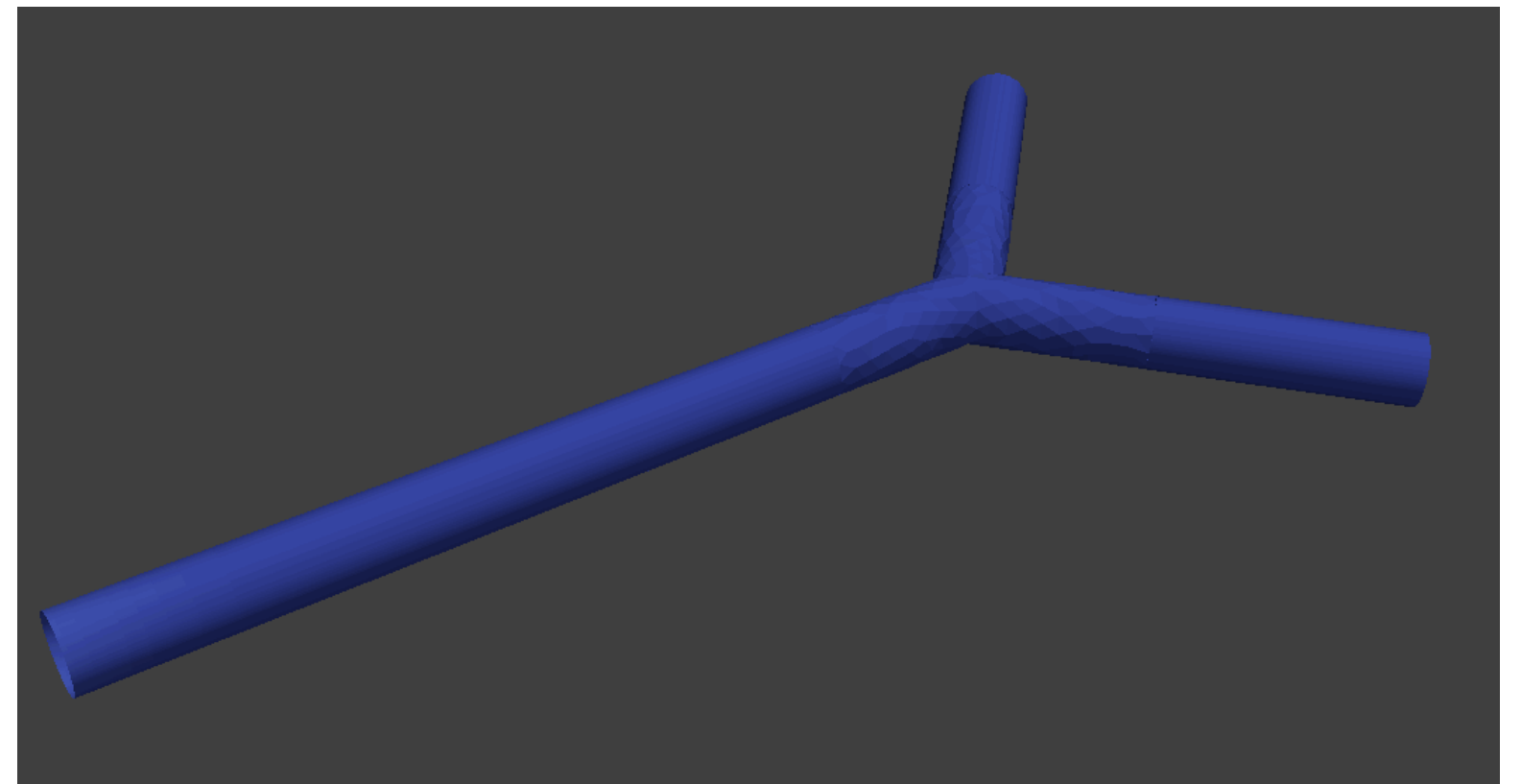
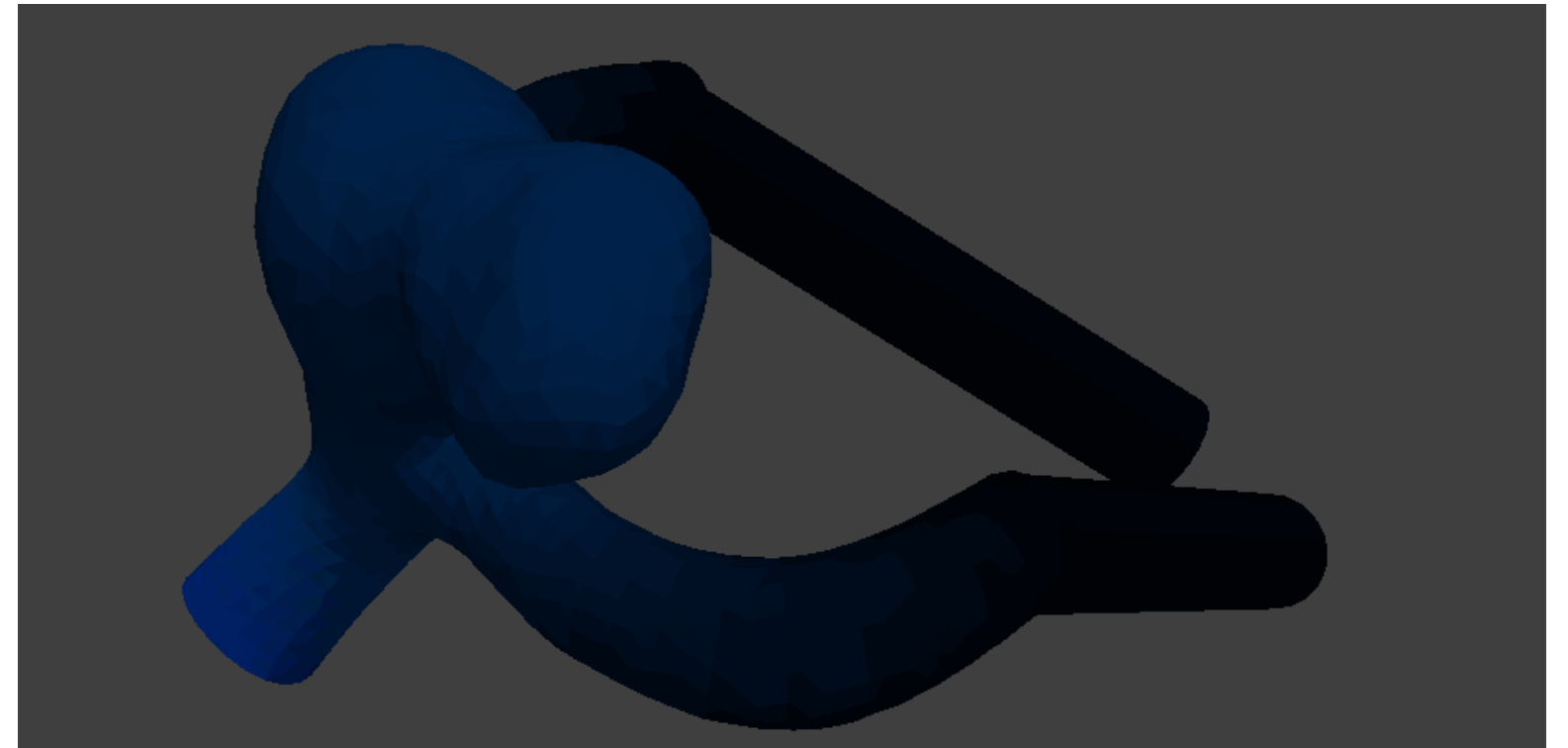
- PETSc-based, HPC enabled, support to hybrid conformal meshes
- solid solver
  - support to anisotropic constitutive laws
  - supports nearly incompressible materials through the three-fields formulation
- fluid solver
  - supports the Variational Multi-scale Stabilization (VMS) method, which enables P1 elements for velocity and pressure
  - preconditioners: SIMPLE, SIMPLEC, LSC, full and upper Schur factorization
  - 3D / 1D coupling
- why is it valuable?
  - novel semi-implicit approach
  - likely novel coupling of VMS (Fluid) with linear prismatic elements (Solid), which enables P1 elements for all fields



# 3D/1D Coupling

**it reduces the size of the complex domain**

- aneurysm: 3D domain of interests
  - 1D segments used as boundary conditions
- coupling:
  - imposing pressure on both domains
  - residual calculated based on flow-rates
  - approx. 2 to 4 iterations per time-step



# **Disease Evolution Modeling II: Modeling of Cerebral Aneurysms**

**assumptions for structural analysis**

**aneurysms evolution models**

**Python framework in Sim4Life**

**examples**

# Assumptions for Structural Analysis

## an artery is composed of three layers

### ■ intima:

- only one layer of endothelial cells
- is responsible for mechano-transduction
- has no mechanical role

### ■ media: helically arranged fiber-reinforced layer with

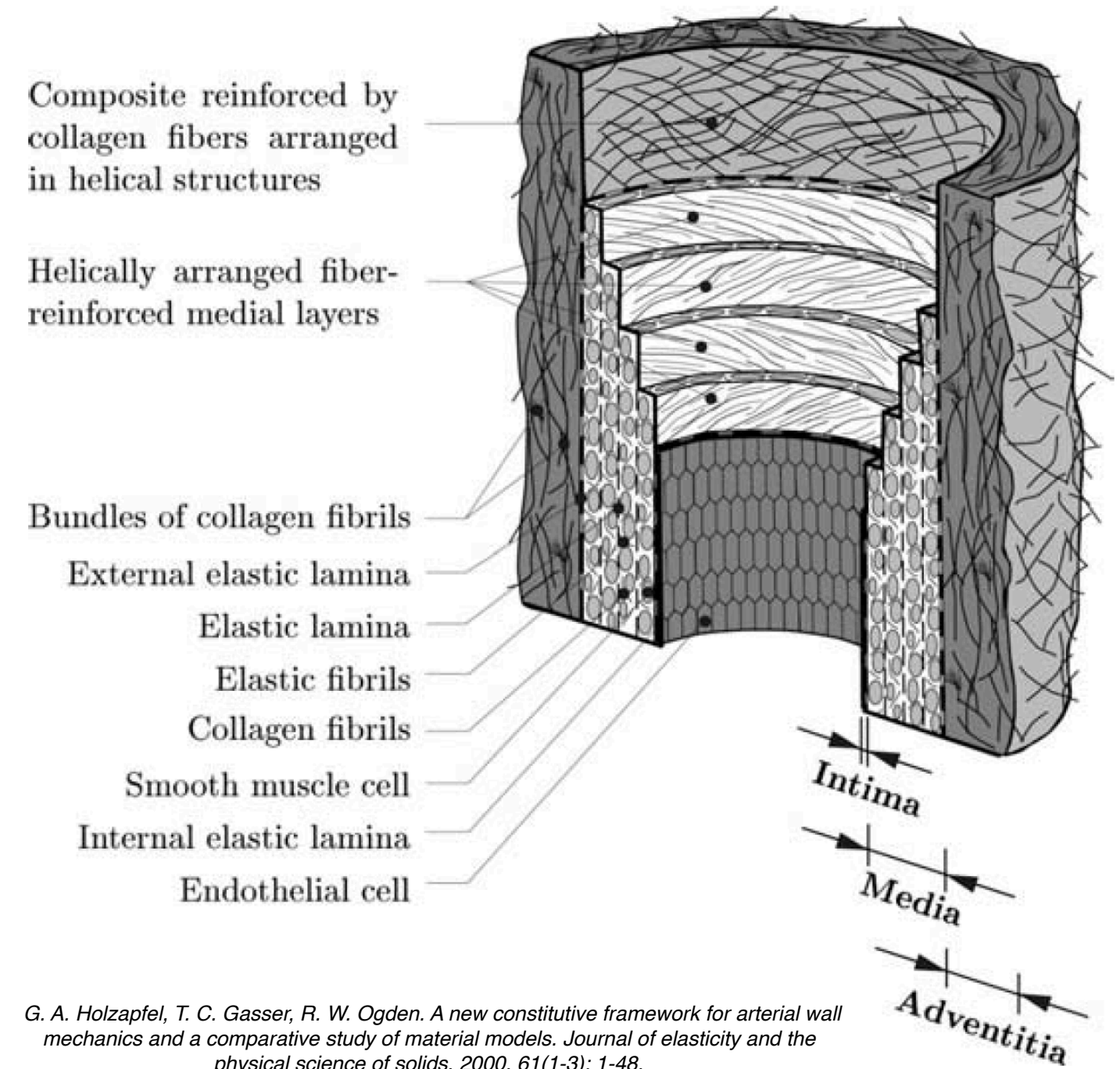
- elastin, collagen fibers and smooth muscle cells
- bears most of the loads

### ■ adventitia: helically arranged fiber-reinforced layer with

- mostly collagen fibers
- in a healthy state, it is a protective sheath

### ■ internal elastic lamina

- separates the intima and the medial layers



# Aneurysm Evolution Stages

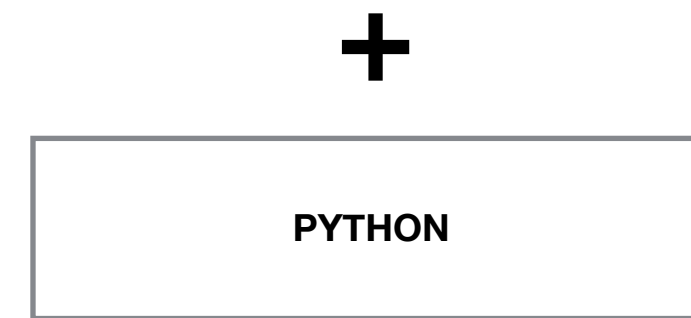
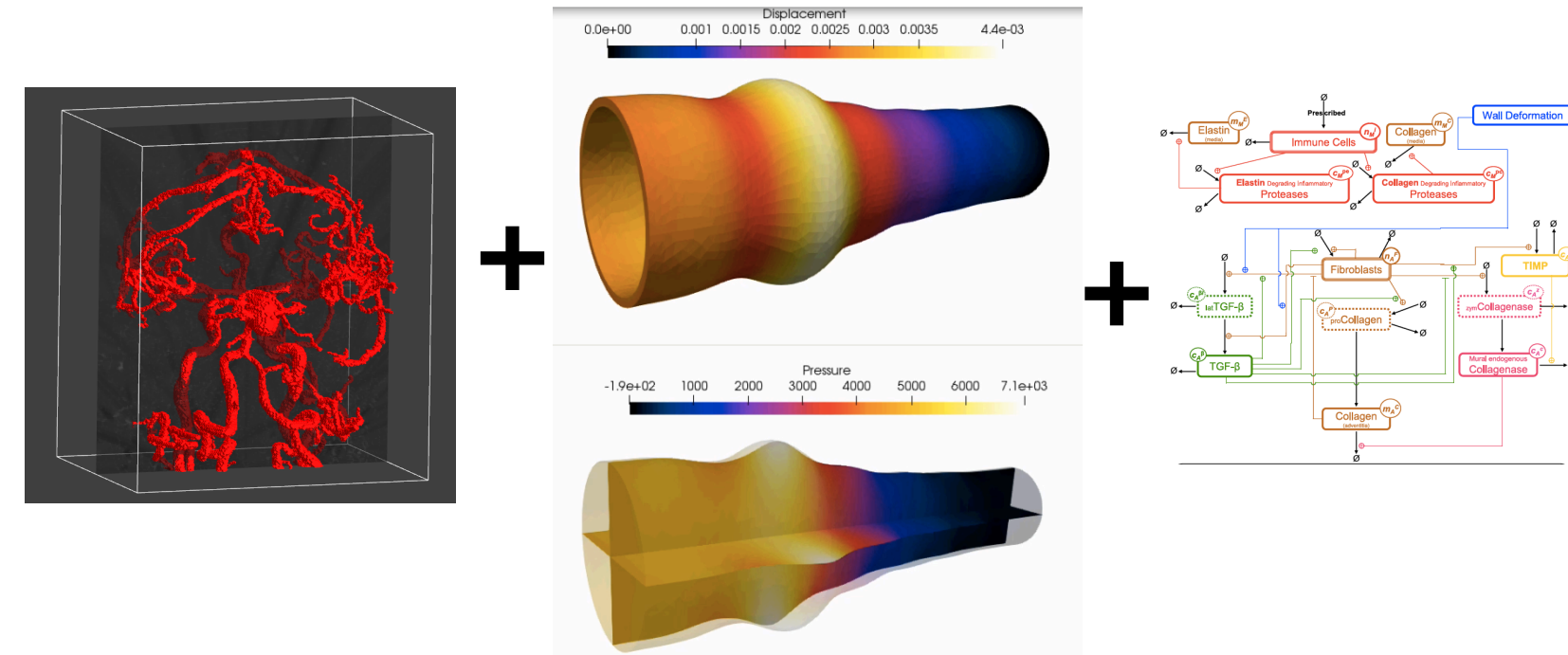
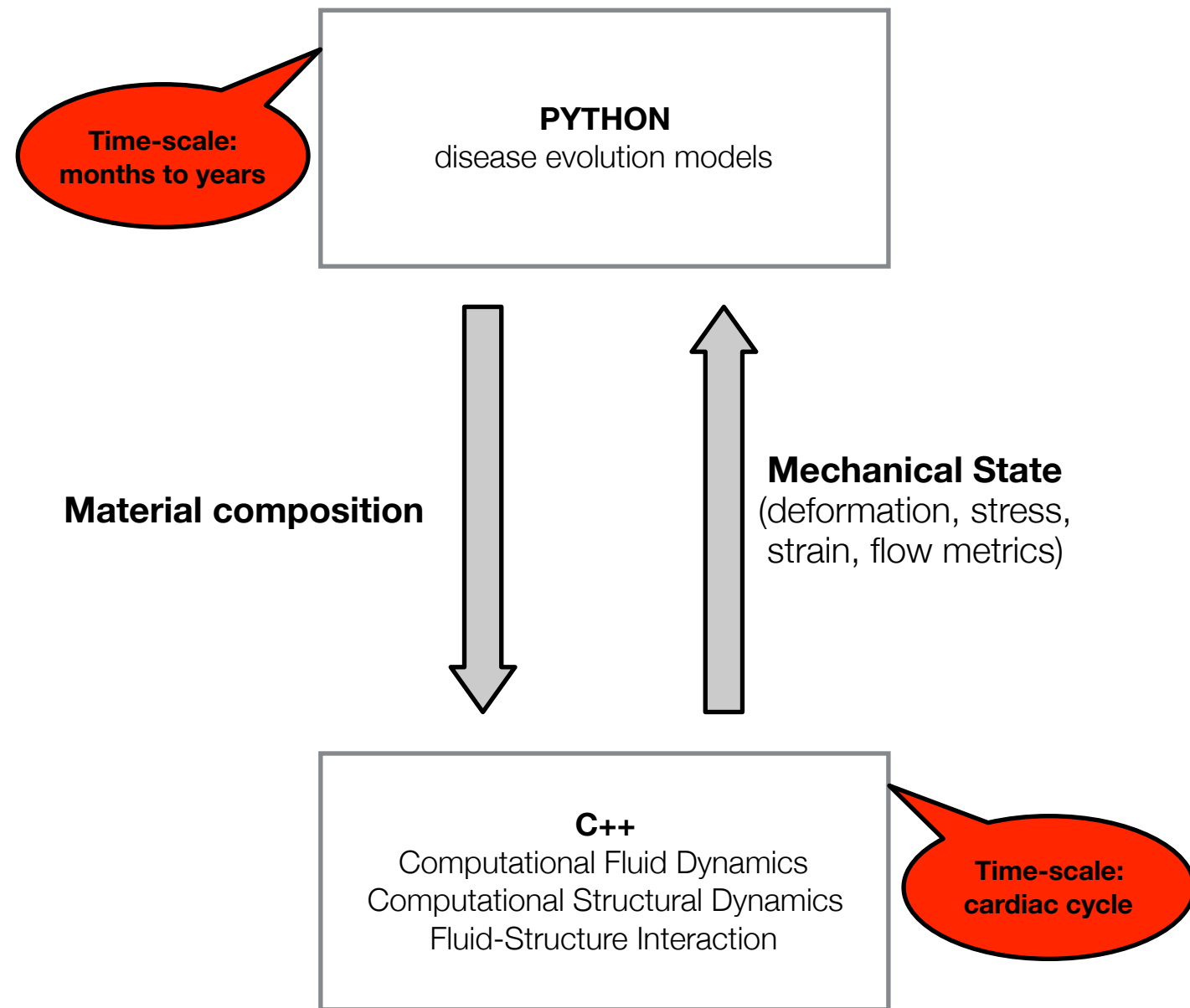
- inception: “initial apoptosis in vascular smooth muscle cells within the vessel wall and disruption of the internal elastic lamina”
- enlargement: collagen fiber remodeling and medial layer degeneration
  - the adventitia layer changes its role, from a protective sheath to the main load bearer
- stabilization and/or growth/rupture:
- the hemodynamic environment seems to impact all three stages

*A. M. Robertson & P. N. Watton. Mechanobiology of the Arterial Wall. Transport in Biological Media, 2014: 275-347.*

*N. Etmnan, et al. Cerebral aneurysms: Formation, progression and developmental chronology. Stroke Res. 2014, April, 5(2): 167-173.*



# Python Framework in Sim4Life

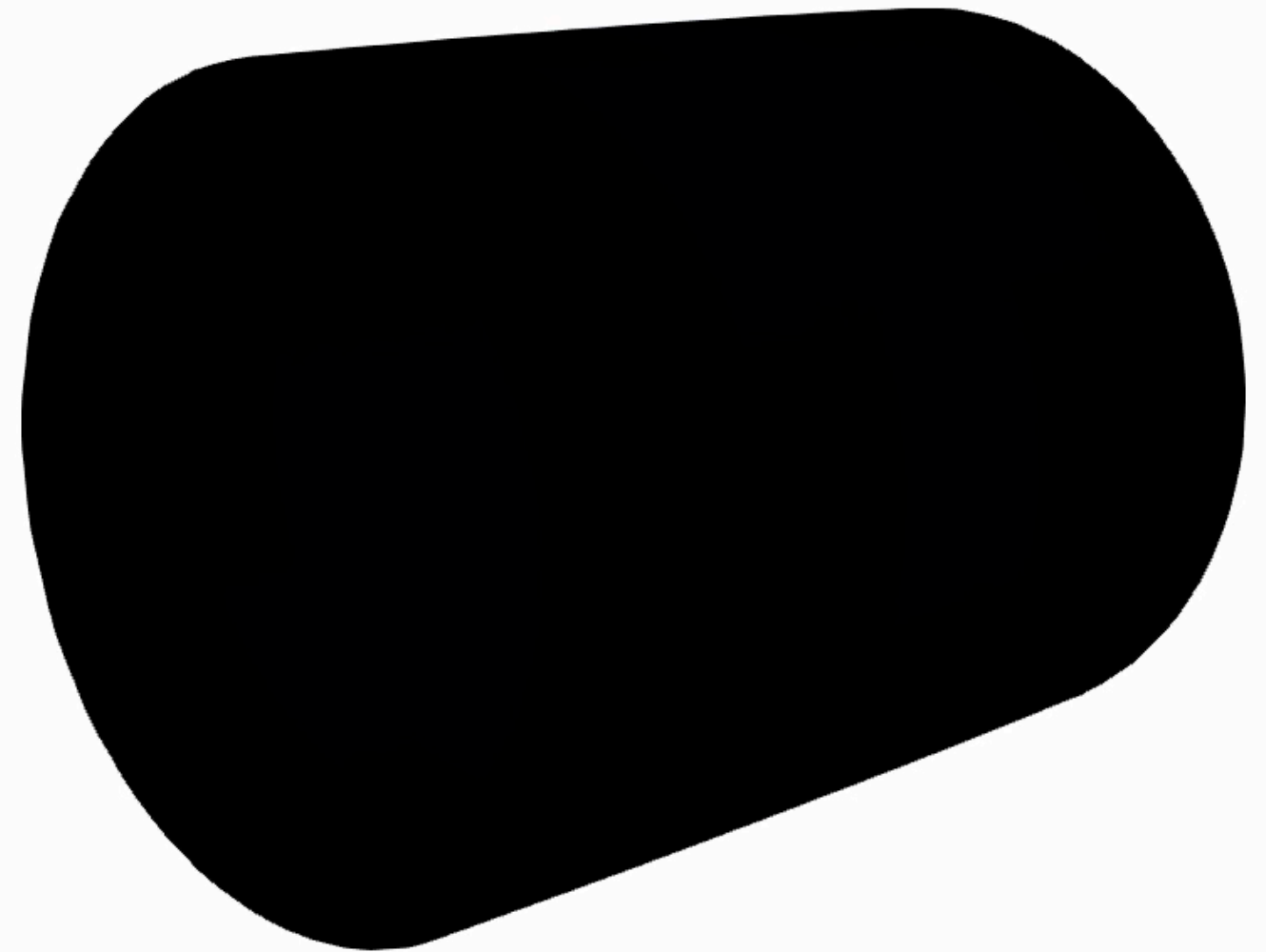
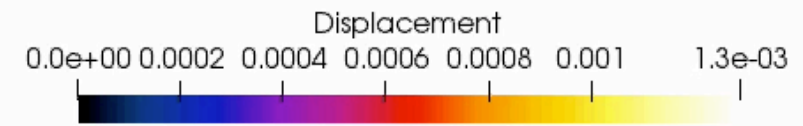


## Aneurysm analysis

# Verification case 1

## idealized geometry to verify the modeling framework

- medial layer degradation (loss of elastin and smooth muscle cells): specified in a controlled area
  - 90% degraded after 1 year.
- aim: enlargement in the area where the layer degrades, followed by stabilization size caused by the collagen growth to maintain homeostasis.

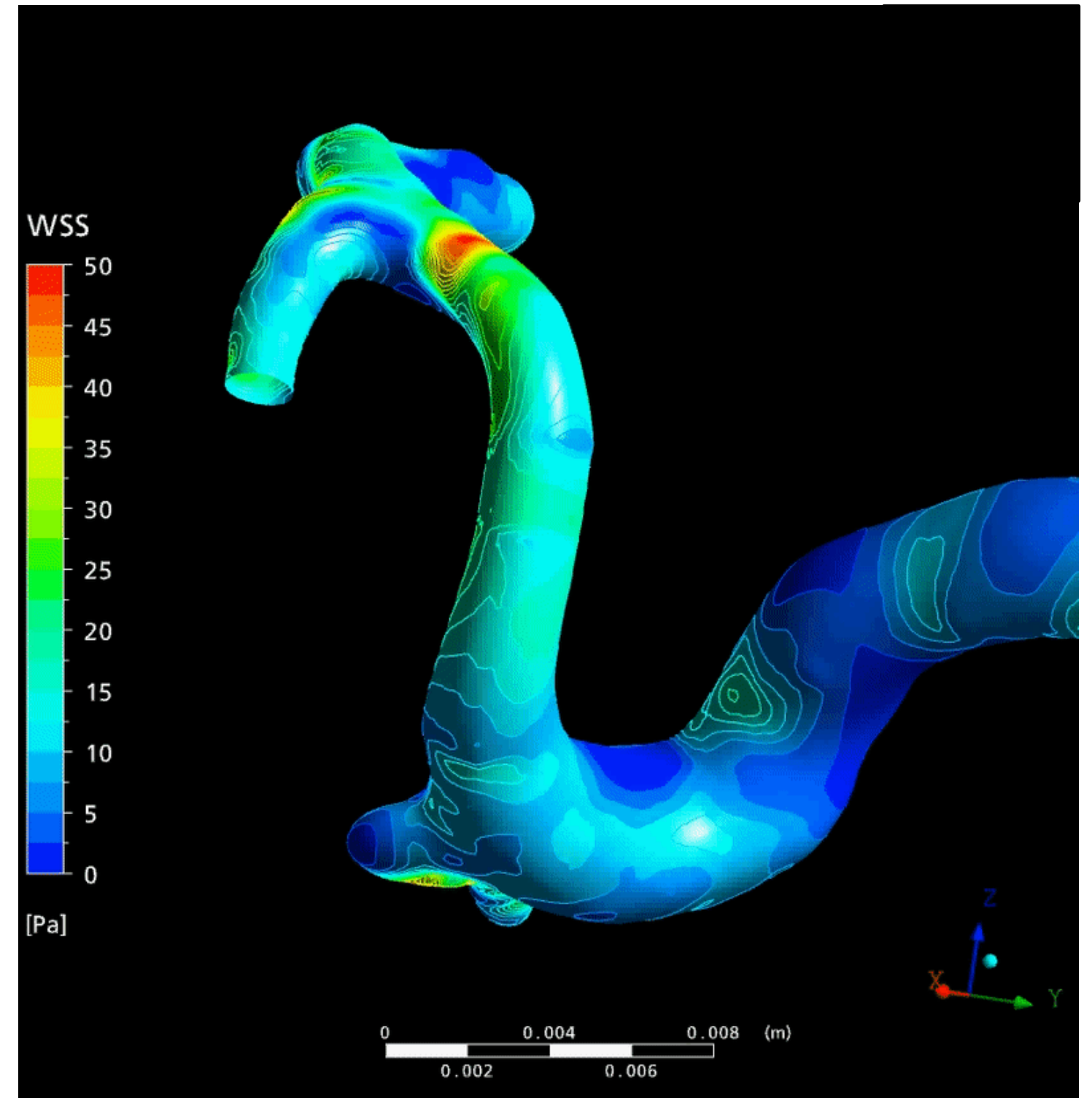


*P. N. Watton et al. Coupling the hemodynamic environment to the evolution of cerebral aneurysms: computational framework and numerical examples. Journal of Biomechanical Engineering (2009) 131: 101003-1 - 101003-13*

## Verification case 2 (in progress)

**patient-specific geometry to verify the coupling with flow metrics**

- medial layer degradation (loss of elastin and smooth muscle cells): coupled to the spatial heterogenous low WSS
- aim: enlargement in the area where the elastin degrades, followed by stabilization caused by the collagen growth to maintain homeostasis.

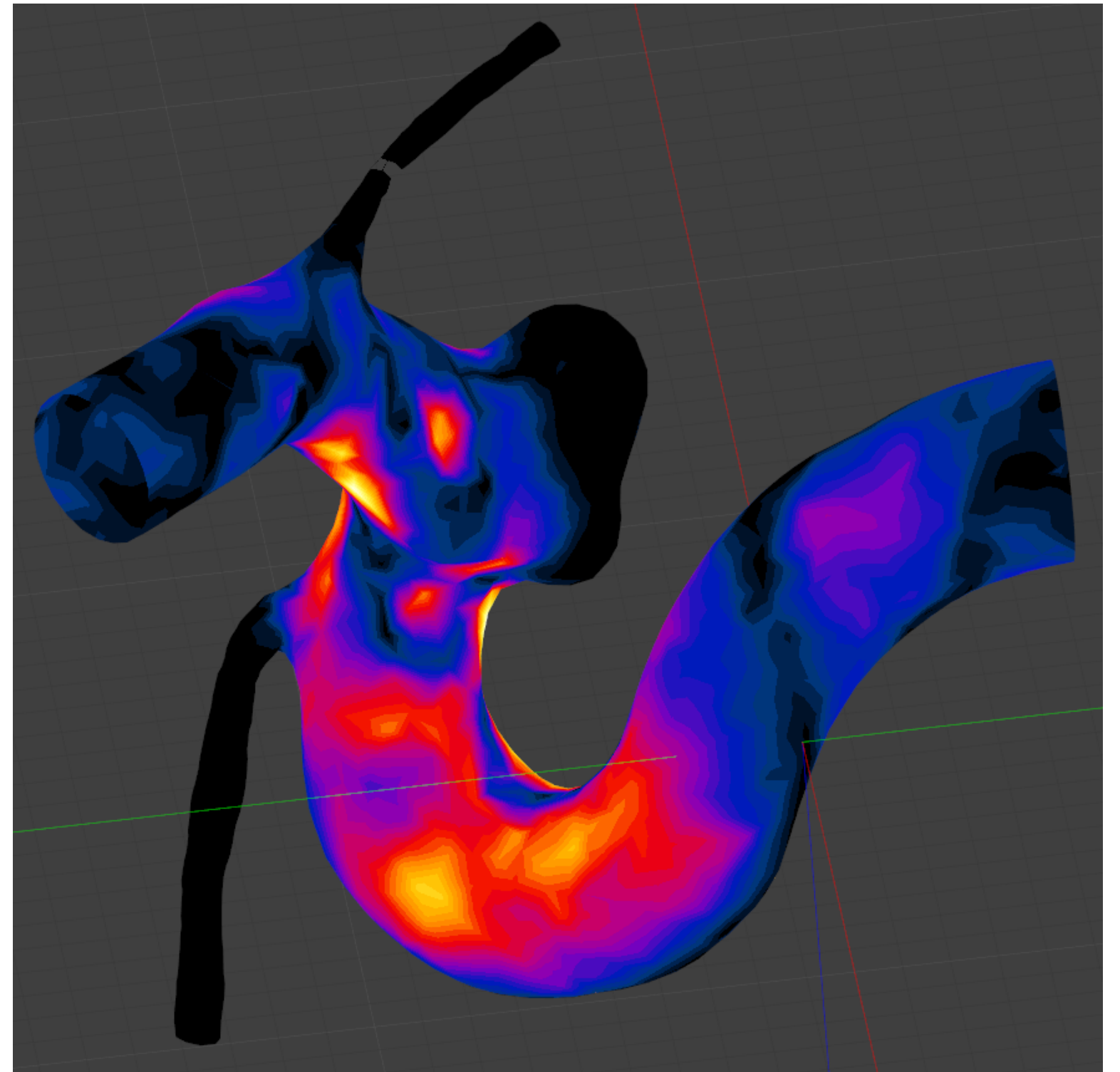


*P. N. Watton et al. Modelling evolution and the evolving mechanical environment of saccular cerebral aneurysms. Biomech Model Mechanobiol (2011) 10: 109-132*

# Application case (next step)

**patient-specific geometry of clinical relevance**

- **aim: focus on aneurysm growth and stabilization**
- growth and remodeling linked to cyclic deformation and endothelial cells morphology

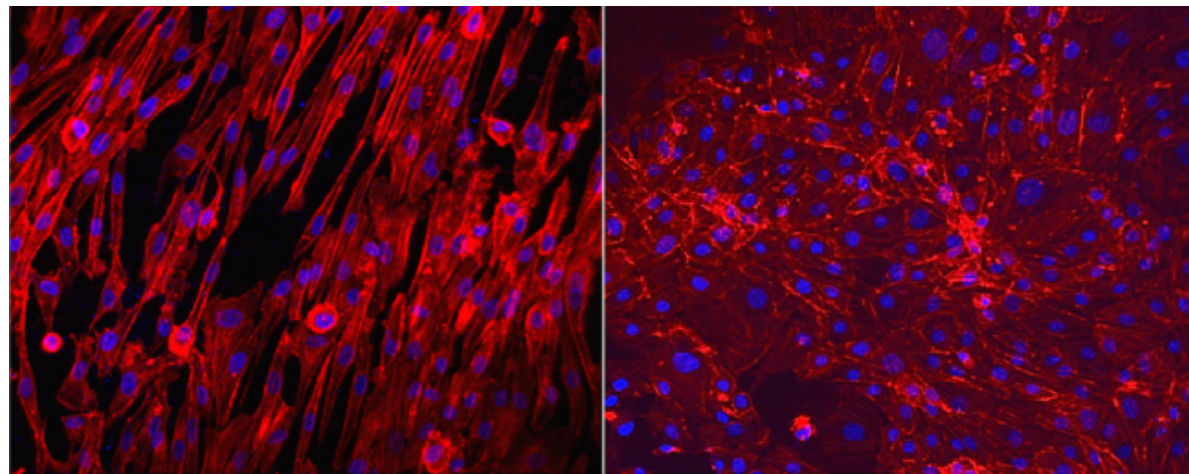


# Application case: Flow-Biochemical Coupling

**the state of the constituents is influenced by the hemodynamic environment**

- biochemical pathway: endothelial cells morphology  $\rightarrow$  endothelial permeability  $\rightarrow$  aneurysm growth / stabilization

**Parent artery: spindle shaped**

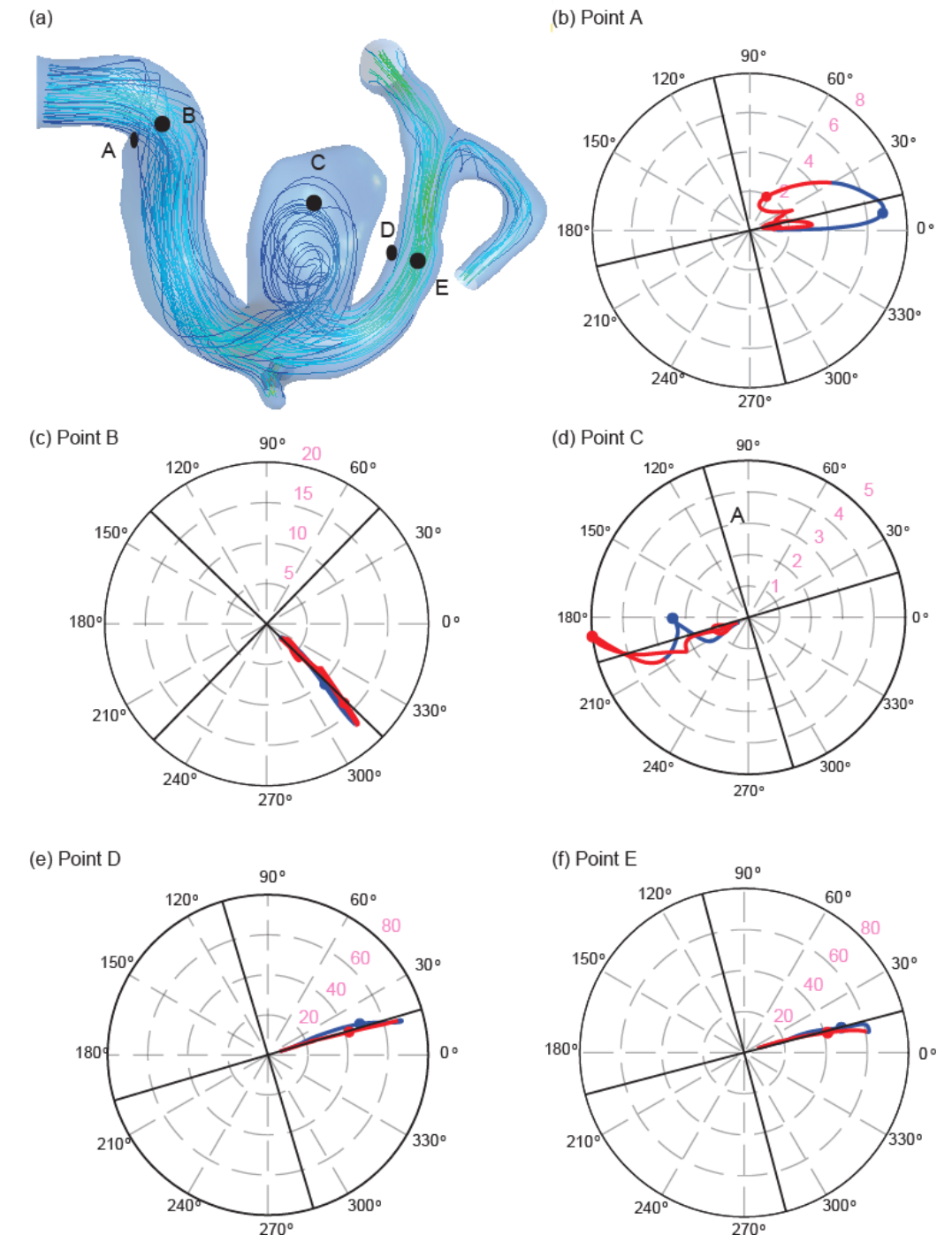


**Aneurysm: irregular**

*N. Kaneko et al.. A patient-specific intracranial aneurysm model with endothelial lining: a novel in vitro approach to bridge the gap between biology and flow dynamics. Journal of NeuroInterventional Surgery (2017) 0: 1 - 5.*

- Shear Stress Rosettes: behavior of the WSS vector in a point over one cardiac cycle (Namrata Gundiah's lab)

- flow-biochemical pathway: WSSAR  $\rightarrow$  endothelial cells morphology



*C. Vais Krishna, P. Watton, N. Gundiah, et al.. Shear Stress Rosettes captures the complex flow physics in diseased arteries. Journal of Biomechanics, to appear.*

# Conclusions

- novel framework under development with functionalities from imaging manipulation to support for disease evolution models
  - from vessel segmentation to fully functional meshes, incl. prism layers
  - support to advanced mechanical tissue models
  - extensible Python scripts for disease evolution modeling
  - framework for cell phenomenology studies
- framework will focus on the differentiation between stable and unstable aneurysms
- current state of the model
  - thick-wall model of the arterial wall
  - G&R linked to cyclic deformation and transient hemodynamics
  - fibril distribution function and adaptation of collagen fabrics
- discussion & next steps:
  - multi-physics is in place but it needs more sophisticated representations of mechanobiology
  - general application to G&R of soft tissues